



# **HOME STREET HOME ANNUAL REPORT 2023**

# **VISION**

**The world where all children  
have equal opportunities.**

# **MISSION**

**To fight for needy children  
and advocate for their rights.**

# **VALUES**

**CARING  
RESPECT  
HONESTY  
DIVERSITY**

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**HOME STREET HOME**

# HOME STREET HOME

Home Street Home (HSH) is a non-profit organization located in Makongeni village, Kwale County, Kenya. It was founded in 2014 and registered in Finland (2014), in Kenya (2015) and in Switzerland (2020). The organization runs projects in the area of Kwale County with the main aim to empower and support children, youth, and families in distress.

The main project of the organization is HSH Center. HSH Center is located in Makongeni village and it's the heart of the organization. HSH Center includes training center for girls, playgroup for 3-year-old children, community health clinic, library and, daycare for children with special needs. In addition, Home Street Home organizes trainings and workshops, runs porridge program in local kindergartens and aims to support the local community through its other projects and activities.

HSH team is in charge of the implementation of the projects and programs of HSH. HSH Team includes HSH board, employees, local and international volunteers, interns, and local experts. Everyone has their own role and place in HSH family.

Home Street Home is collecting its funds mainly from Finland and from Switzerland. In both of the countries, fundraising is accomplished voluntarily through different fundraising activities such as charity events and product selling.

**HOME  
STREET  
HOME**

# ON THE SIDE OF THE CHILDREN AND FAMILIES

As United Nations states, every child has a right to health, education, family life, play and recreation, an adequate standard of living and to be protected from abuse and harm. However, too often the potential of children is undervalued and yet still, millions of children grow up in insecurity or excluded from receiving the most basic and essential health, educational, and developmental services.

Successful communities invest their children and protect their rights. It is proven that early investments in children's health, education, and development have benefits that carry on throughout the person's lifetime and society as a whole.

Home Street Home stands on the side of the children. We work to ensure the development in favor of children. We are committed to help children to enjoy life in all its fullness. Our work with families, communities and partners strives to improve the well-being of vulnerable children, in the most important aspects of their lives. We are working to improve the behaviours of community and family members towards children. We want to see society where children are valued, and their rights are respected unconditionally.

It is said that inequality starts at birth, but poverty attacks and affects children before they're even born. That's why our attention to the child starts when he or she is in womb and continues until the end of the education journey. We give special attention for the most vulnerable and often marginalized groups of the society. For example, children with disabilities are among the most vulnerable and excluded groups in the world. Labelling, neglect, and stereotyping are some of the social barriers that children with disabilities and their families face in society.

All children have equal rights to care and protection, and to live a healthy life free from abuse and harm. We are here to play our role in this and do our best in our little circle, in Makongeni.

# ON THE JOURNEY OF CHANGE

Development is a constant process that brings change. It creates growth and brings progress. It is a necessary and useful, positive change that our world and different societies needs. Home Street Home aims to support the development, the positive change, in its working area. We want to do our part to support the implementation of sustainable development goals and push the development ahead.

We are learning more every day through our internal project evaluation, impact assessments and even more, through the world around us: world changes every day, and it influences our work. It helps us to work smarter and more effectively.

Government of Kenya is constantly doing its best to improve the quality of life and hundreds of organizations in our area, are bringing their input to the table. Over the past 8 years, our village, Makongeni, has changed massively: new buildings, better infrastructure, more services available and people's wellbeing and health has significantly improved. This proves, that change is happening – every day. We want to be part of the change and contribute positively to the development of the area.

As an organization, we believe that our role is to support the community in the change and development. We can fill those gaps that other parties cannot reach. We can create stability and provide services. However, we need to be open for change and ready to develop our systems, methods and thinking. Since world its not the same, we shouldn't be either.

This means, that at every turn we take, we need to evaluate our work critically and analyze the changing socio-economic environment, government policies, laws, and structures around us.

# FINDING THE RIGHT WAY TO HELP

Since establishing the organization, we have been actively searching the answer to a simple question: what is the right way to help? This might seem like simple question, but while looking deeper into it, you can realize that it is much more complex than it might seem.

Home Street Home was founded with the ideology of helping others. Somewhere far behind, there was the moment, where the founders decided: let's do this, to help the needy ones. That's how it all begun. Helping others, makes people feel good. It makes us feel good that we have contributed to someone's wellbeing and helped make their world a better place.

Helping people is not always simple. After helping people for years through different projects and programs, we have faced the problematic side of help: both for us and for the person we've helped. When we effectively help someone to solve their problem, they may learn one thing: that we are good at solving their problems for them. That means that in future, when they have problems, they come to us again and again, never learning to solve their own issues, and instead depending on us to do it for them. This is called dependency syndrome.

To fight against this problematic circle, we have slowly transformed our work into different direction: Instead of helping people in personal level, directly, we have focused our minds on providing services and expertise in the community level. For instance, we have opened a health clinic, we are running a training center and providing breakfast porridge in the local pre-primary schools. It is our way of stepping away from the dependency syndrome.

Through this process of searching the right and wrong, we have come to the place where we are today. It is influencing our decision making and all choices we have made, to move forward with our organization. However, we cannot say, that we have found the ultimate right way to help. It is constantly developing while our organization is growing, our team is gaining more expertise and the community around us is developing.

# HOME STREET HOME & SUSTAINABLE DEVELOPMENT

Sustainable development is development that creates and safeguards good living conditions for present and future generations. The UN's 2030 Agenda for Sustainable Development aims to eradicate extreme poverty and achieve sustainable development that takes equal account of the environment, the economy, and people.

Home Street Home is committed to doing its part to achieve the UN Sustainable Development Goals by 2030. In everything we do, we strive to grow and develop in a way that creates well-being while respecting nature and the environment. We strive to support community development, eradicate poverty and hunger, develop education and health services, and promote the empowerment of girls and women. The key sustainable development goals for our work are:



We take into account the environmental, human and economic impacts of all our decisions. Our decisions have a direct impact on the organisation of projects such as education, care and health services, and food security.

# CHANGING WORLD

The world has made it clear that we live in a world of constant change. The climate crisis, the pandemic years, war of Ukraine and climate refugees have shown that we must be constantly prepared to adapt to a changing world.

We are striving to develop our own activities so that we are not only resilient to the waves of a changing world, but also ready to act in the face of the new. Whether it is a global pandemic or a food shortage, we will strive to stand firmly on the side of the the most vulnerable.

We also strive to evolve our own operations so that we grow into a more modern organisation. Ethical issues are constantly on our minds, and we strive to find better ways of working. When vulnerable families, as well as children, need help, discretion is important. In addition, when working in a village community, we must take into account post-colonial power structures and the white saviour setting.

It is not always easy or simple to determine the right way to act, but we try our best to do better every day than we did yesterday.

# KNOWLEDGE

The world is more informed than ever before, and new research knowledge is constantly being generated. At Home Street Home, we want to help the community get access to reliable information. We want to raise community awareness of, for example, health promotion and the importance and opportunities of sustainable development.

In all our activities, we collect data and evaluate the effectiveness of our projects. We seek to identify and create metrics to measure successes, challenges, and impact. We work with local authorities and share our knowledge, findings, and observations.



# **HOME STREET HOME**

# **YEAR 2023**

# YEAR OF CHANGE

After the constant change in recent years, we have focused on finding ways to adapt to the constantly changing world situation. Instead of just waiting for more stable times, it has been time to find ways to keep our project going and try to keep pace with change - despite the challenges.

Our team continues to grow, which also poses different changes and challenges. We do not know our team members in the same way as before, and this has also required some adaption. At the same time, the role of management has grown even further while the past year. The team leaders have made significant progress over the past year, and they will ensure that even as the team grows, the work will run smoothly.

Last year, we got our first Erasmus -interns to Makongeni, we have employed three new local experts for our projects, and our local volunteer team has also grown. We are able to offer new types of volunteer tasks, for example, in the kitchen, day care, and Kalevala Training Center. In addition to encouraging more and more local volunteers to participate in our activities and in the development of the community, different kind of projects can also increase their skills and make use of their previous knowledge. When volunteering has provided team members with skills that have enabled them to find employment elsewhere, we feel that we have succeeded.

As we have been adapting to the new normal, we have also worked to make sure that our project models are modern and ethical. Over the years, the needs of the community will also change, and we must meet these needs. With our new main goal, we have focused on making our projects more goal-oriented and creating opportunities for development in the community. In addition, we have sought to become more self-sufficient, for example through the development of our own chicken house, garden as well as solar - and water systems, so we can also find relief in difficult times.

In June 2023, we were finally able to open the door of the HSH Day Care. Since then, we have been able to live with the change with families of the children who use our daycare services. Already in the beginning, in the first three months, we were able to see how the activities of the daycare center and the therapy services produced results. Our clinic expanded with the addition of the new building as well as a hematology analyzer, which will enable us to provide more comprehensive health services to the community.

2024 will be the anniversary of our organization. One of the key objectives of the year is to ensure an even more effective division of responsibilities among key personnel. Another important objective is to celebrate our incredible journey and make our projects more visible, so that people would know what teamwork has accomplished in Makongeni.

We are ready for another year with Home Street Home. We are ready to re-evaluate, develop and run the projects with even greater results. It is time to open a new chapter and welcome the 10<sup>th</sup> year of HSH.

With warm greetings from Makongeni,

*Hsh Team*



The background of the image features a large, abstract shape composed of orange and yellow. It has a wavy, organic form that covers the upper two-thirds of the page. The orange area is a darker shade, while the yellow area is lighter, creating a sense of depth and movement.

**HSH TEAM**

**2023**

# **UBUNTU**

**THE BELIEF THAT WE ARE DEFINED BY OUR COMPASSION  
AND KINDNESS TO OTHERS: I AM BECAUSE YOU ARE.**

**... AND WE WOULD BE NOTHING WITHOUT YOU...**

## HSH BOARD



Salim Mwarima  
HSH Project Manager  
KTC Administer  
Board Member



Salim Edward  
Board Member



Viola Wallenius  
Director  
Board Member



Makoha Yahya  
Board Member



Janica Virkkunen  
Board Member



Sarah Specker  
HSH Switzerland  
Board Member



Sandro Specker  
HSH Switzerland  
Board Member

## HSH STAFF



Everline Agola  
KTC Salon & Hairdressing  
main teacher



Omar Said  
KTC Computer Packages  
main teacher



Mwanatumu Nyere  
KTC Tailoring & Dressmaking  
main teacher



Clare Nassaba  
KTC Salon & Hairdressing  
assistant teacher



Edna Patrick  
KTC Computer Packages  
assistant teacher



Mwanasiti Salim  
KTC Tailoring & Dressmaking  
assistant teacher



Shaban Juma  
KTC Chef



Mauwa Sudi  
KTC Kitchen helper



Mwanaisha Mwinyi  
KTC Cleaner



Mwanasha Kibanda  
Office helper  
KTC Alumnae leader



Sumaiya Abdulrahman  
Early childhood teacher  
HSH Children's Playgroup



Mariam Salim  
Assistant teacher  
HSH Children's Playgroup



Mwatete Ali  
Team leader



Hassan Salim  
Team leader



Matano Juma  
Team leader



Manvilla  
Gardener



Mtwii Jefa  
KTC Security guard



Mauwa Abdalla  
Cook  
HSH Feeding Program



Caroline Mutheu  
Occupational Therapist  
HSH Day Care Center



Cecilia Corona  
Assistant helper  
HSH Day Care Center



Priscilla Mwongeli  
Early Childhood Education  
Teacher  
HSH Day Care Center



Cecilia Charo  
Clinical officer  
HSH Health Clinic



Lucy Atieno  
Matron  
HSH Center

## LOCAL VOLUNTEERS



Ali Mwarizo  
Local volunteer



Ramadhan Salim  
Local volunteer



Brian Kamau  
Local volunteer



Semeni Mwaganymbani  
Local volunteer



Amina Mkala  
Local volunteer



Bakari Mwarima  
Local volunteer

## HSH COMMITTEE



Hamisi Mwarandani  
HSH Committee



Mwanalima Mwakapero  
HSH Committee



Sudi Bakari  
HSH Committee



Umi Hamza  
HSH Committee



Hassan Malachu  
HSH Committee



Peter Oyaya  
HSH Committee

## COMMUNITY DEVELOPMENT THROUGH CO-CREATION

One of our main strengths is that we are locally based and part of the community. All decisions about our organization's activities are made in consultation with and respect for the community, through our HSH Committee. Our committee acts as a link, making sure that our activities meet the expectations of the community. For larger and more significant decisions, we use co-creation working methods and invite not only team members but also professionals from different sectors, community members, and activists from the region to discuss and reflect on challenges and opportunities together.



*"I started to work as an occupational therapist in the daycare right after its opening. The work has enabled me to develop and improve my skills in occupational therapy by handling and managing children living with disabilities. Have been able to discover and learn different approaches to managing children through meeting different multidisciplinary, like physiotherapists. I have also improved my skills in communication, problem-solving, and teamwork through working and interacting with the Home Street Home team."*

*- Caroline Mutheu, Occupational therapist, HSH Day Care Center*



*“HSH has changed my life in so many ways. I can see the difference between the time before I joined and now. Working with HSH has given me new experiences and a chance to learn more. I have learned a lot about different construction work, and carpentry work. I have even improved my English and communication skills while I have been meeting different people.*

*Since I have been working with HSH, it's easy for me to help someone in need in any possible way because I have learned that “sharing is caring” and helping someone with little things can change a lot.*

*Working with our HSH team is always wonderful. We are sharing so many thoughts and I have learned how teamwork can make very hard things easy. I also like how people in HSH communicate, cooperate, and share ideas.”*

*- Mwatete Ali, Team leader*



# **PROJECTS AND PROGRAMS OF 2023**

**PART 1: HSH CENTER**

# HSH CENTER

HSH Center is located in Makongeni village, and it is the heart of the organization. HSH Center combines the most needed services and expertise all together in one place. We see our center as an important service provider that supports the local social-, health- and education services by giving an extra helping hand through multiple services. Our center aims to support the development and same time ensure that by 2030 we are achieving sustainable development goals.

Our HSH Center includes five main sectors: a training center for girls, a community health clinic, a playgroup for 3-year-old children, a library, and a daycare for children with special needs. In addition, we also have our own vegetable garden and chicken house which produce fresh ingredients for our kitchen.





## **DEVELOPMENT AND MAINTENANCE OF HSH CENTER IN 2023**

During the year of 2023, with the help of our volunteers, we have focused on construction and improving the existing building structures. We accomplished the daycare building, finished water tower, build carpentry shade, and we started to work with the outdoor landscape by fixing galana paths, and planting more trees and flowers.

Electricity and water has been major challenges for the operation of the center. During the year we had multiple long power outages and the village's water system was off for weeks and weeks. Due the constant challenges, we decided to finally continue our water tower project, and accomplished our own water tower. Same time we were searching for long-term solutions for access to safe, clean water.

In addition to the electrical and water issues, another major challenge was waste. Our center is producing enlarging amount of waste every day. Since there is no general waste solution available in the area, we started to search innovations and solutions, that could possibly solve our challenge by creating minimum environmental harm.

In the next sections, we will go through the project descriptions, development steps and general updates of each of the HSH Center projects.



## **HSH HEALTH CLINIC**

HSH Health Clinic was opened in April 2020. The project aims to provide high-quality outpatient services for the most vulnerable families in Makongeni village and nearby areas. We are targeting especially the ones who are living in extreme poverty and are most often not accessing public health care services. Our clinic serves people from Monday to Friday at 8 am to 4 pm.

Our clinic is led by local health professional, Cecilia. Cecilia is a qualified clinical officer. Her specialty is children and pediatrics. She also has high knowledge of the needs and challenges in rural areas.

## HOME STREET HOME HSH HEALTH CLINIC



## IMPACT

Our HSH Health Clinic project is having a direct and strong impact on the community around us. Every day we serve the people and assist the needy ones. The care and treatment itself, are having a huge positive impact. Bringing good-quality care, guidance, and counseling inside the community supports long-term development. Through guidance and constant health education, we can prevent diseases and improve the well-being of the people.

During January – December 2023, we served a total of 2633 patients. From the total number of patients, 1122 patients were under 5 years old, and 782 were 5-18 years old. This year our total number of patients was significantly lower than 2022. The main reason for this is that our clinical officer was on maternity leave and during that period, our clinic was closed.

# CLINIC EXTENSION

Our clinic extension has been our long-term goal and we have been taking small steps towards it over the last 2 years. After the construction of the extension room was finalized, we needed to use the space as storage for donated goods that were shipped from Finland. At the beginning of year 2023, we were finally able to sort the last items and finally finalize the room. In May, we finally cleaned the room and arranged furniture and equipment on point. We started to use the extension in the beginning of July.

Our extension serves the clinic as an observation unit, additional storage space, wound dressing area, and blood sample station. It provides important extra space and privacy when needed. Also, it allows us to observe patients over the day. For example, we are now able to provide day-time care for a patient who needs IV Fluids or IV medication. Since the patient will be able to rest in the observation unit, attending other patient can still move on in the consultation room.



# HSH DENTAL CLINIC PILOT

As trial for possible development of HSH Health Clinic, we organized a dental clinic pilot with collaboration of dentist from Finland. The aim of the pilot was to collect data of dental health challenges in the area and evaluate the need for possible dental health project.

The pilot program started in January 2023. First our team arranged dental care room to our old office room. We had recently received donation, that included dental care equipment and we ordered more through our clinic suppliers.

During the three week pilot period we had 73 patient visits: 12 kids and the rest of them adults. The first two weeks were quieter, but in the last week, there were 34 visits. The most common reason for the visits was tooth pain (approximately 90% of the cases) and the second common was a broken tooth. We removed 50 teeth in total (first week 12, second 12, last 26), but total of 117 teeth should be extracted, so there are still 67 left to be extracted. The most common diagnosis were pulpitis, apical periodontitis, and periodontitis. We did 20 calculus removing to treat periodontitis.

Most of the patients brushed their teeth only once in a day, only in the mornings. No one from the patients did flossing regularly, but few of them had heard about it. Nearly all the patients had been using a medium or a hard toothbrush. We showed to every patient how to brush their teeth and how to use toothfloss with a model jaw. We also recommend them to use a soft or extra soft toothbrush and to brush their teeth mornings and evenings.



your teeth  
times everyday  
fluoride toothpaste 😊  
oss the interdental spaces  
E a day!



Most of the patients hadn't ever visited a dentist. And there were cases where they had gone to the dentist, and they only got painkillers for pulpitis (for a tooth that should have been extracted) or where only the crown has been extracted and the roots with the inflammation stayed in the jaw causing even bigger problems. It was also a new thing for the patients that we cared about their pain and put more anesthetic during the procedure if needed.

This pilot showed us that there is a big need for dental care services in the village and in the surrounding area. It would be very important to continue providing dental care for the people in Makongeni, because deficiencies in oral health can cause problems with the whole general health, inflammations from mouth can spread all over the body, to heart, lungs and brains. And it would matter the most if we could do some preventing, like yearly checkups. Then we could do the treatments when the cavities are so small that they can be treated with fillings and so we could avoid so many extractions and days and weeks and months and even years with tooth pain. The most heartbreaking patient case was a man around 40 years: he had had a so bad tooth pain for 4 years that he has lost his job and even the painkillers weren't helping.

We did also a school visit to Makongeni Primary School where we taught oral health for 700 students and gave them toothbrushes and toothpastes.

# PURCHASING OF HEMATOLOGY ANALYZER MACHINE

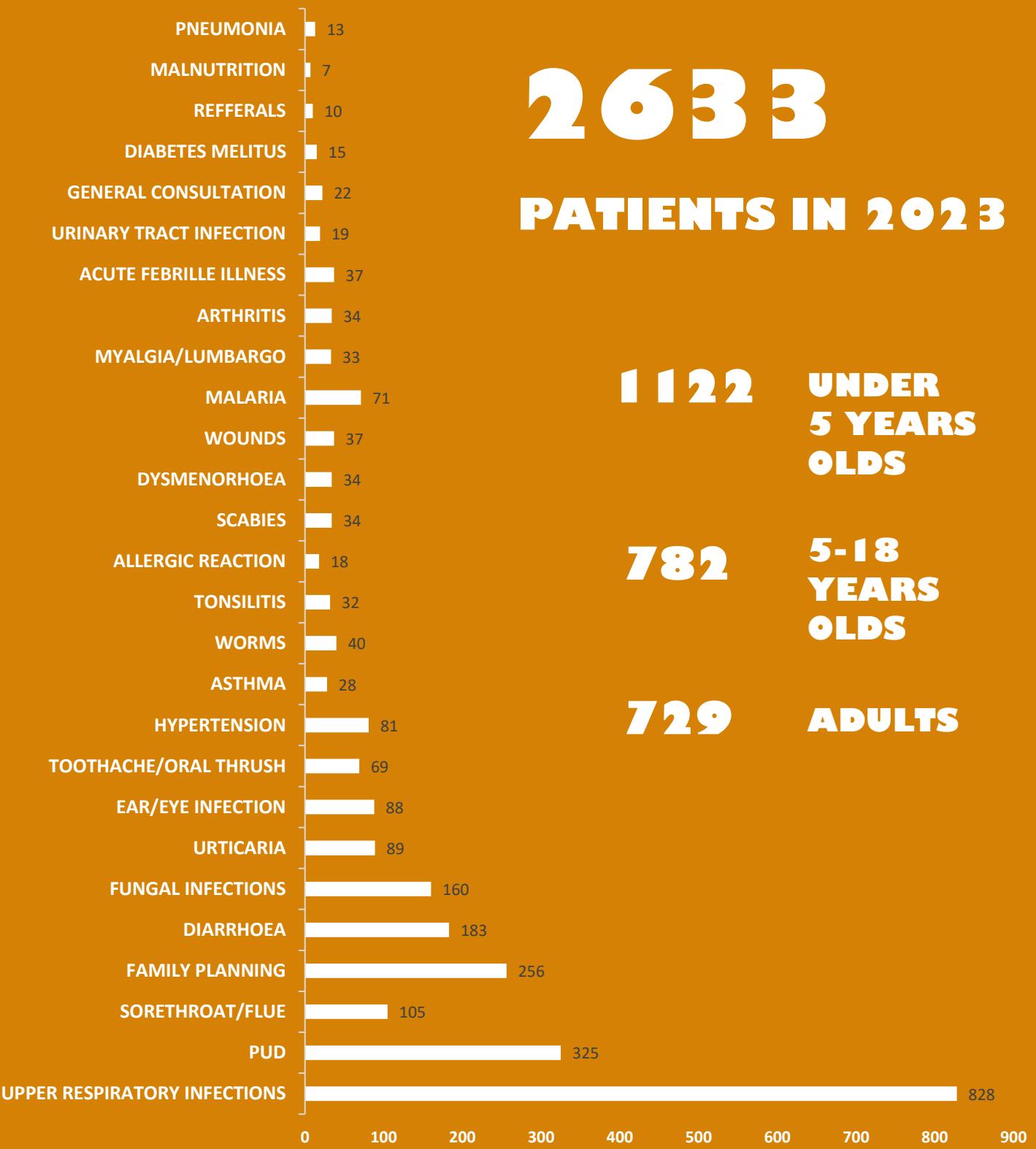
One of our biggest achievements of this year was that we were able to equip our clinic with a Hematology Analyzer. This was possible through a private donation. The Hematology machine is now in use at the clinic to conduct a complete blood count (CBC) to the patients and clients.

This means we are now being able to determine our patient's general health status. Blood check-up can be very expensive in most facilities around here and many people are not able to pay for the service. In most of the facilities nearby are charging 1000 – 1500 shillings for complete blood count. At the clinic we are charging each patient 300 shillings which is equivalent to around 2 Euros. The collected money is used to buy the machines, supplies and maintenance.

This is a big boost to our clinic. The analyzer gives us more information about our client's health, and it allows us to evaluate our patient's wellbeing more precisely. This has also reduced the number of referrals, since we are now able to do CBC by ourselves.



# CLINIC IN NUMBERS





**225**

**MALARIA  
TESTS DONE,  
71 POSITIVE  
ONES**

**48**

**PREGNANCY  
TESTS DONE,  
9 POSITIVE ONES**

# HSH HEALTH CLINIC OVERVIEW OF 2023 EXPENSES

| HSH HEALTH CLINIC                          | TOTAL KES           | TOTAL EUR        |
|--|---------------------|------------------|
| Follow-up treatment & support              | 82 370,00           | 633,62           |
| Running expenditure                        | 3 500,00            | 26,92            |
| Pharmaceutical materials & equipment       | 25 635,00           | 197,19           |
| Non-pharmaceutical materials and equipment | 3 772,00            | 29,02            |
| Staff Salary                               | 450 000,00          | 3 461,54         |
| Construction - Materials                   | 26 048,00           | 200,37           |
| Construction - Labour                      | 11 000,00           | 84,62            |
| Medical instruments                        | 520 150,00          | 4 001,15         |
| Medicine                                   | 254 353,00          | 1 956,56         |
| Transport                                  | 14 400,00           | 110,77           |
| <b>TOTAL</b>                               | <b>1 376 828,00</b> | <b>10 590,98</b> |

## HOME STREET HOME HSH HEALTH CLINIC



# HSH CHILDREN'S PLAYGROUP

HSH Children's Playgroup is targeted to 3-year-old children, who are supposed to join kindergarten in the following school year. The aim of the program is to provide high-quality early childhood education and support to children. In our playgroup, children are learning important skills, such as language skills, numbers, motoric skills, and groupwork skills. They are learning how to follow orders, how to play together and how to color, paint and connect dots. They are singing, dancing, playing, and doing arts and crafts.

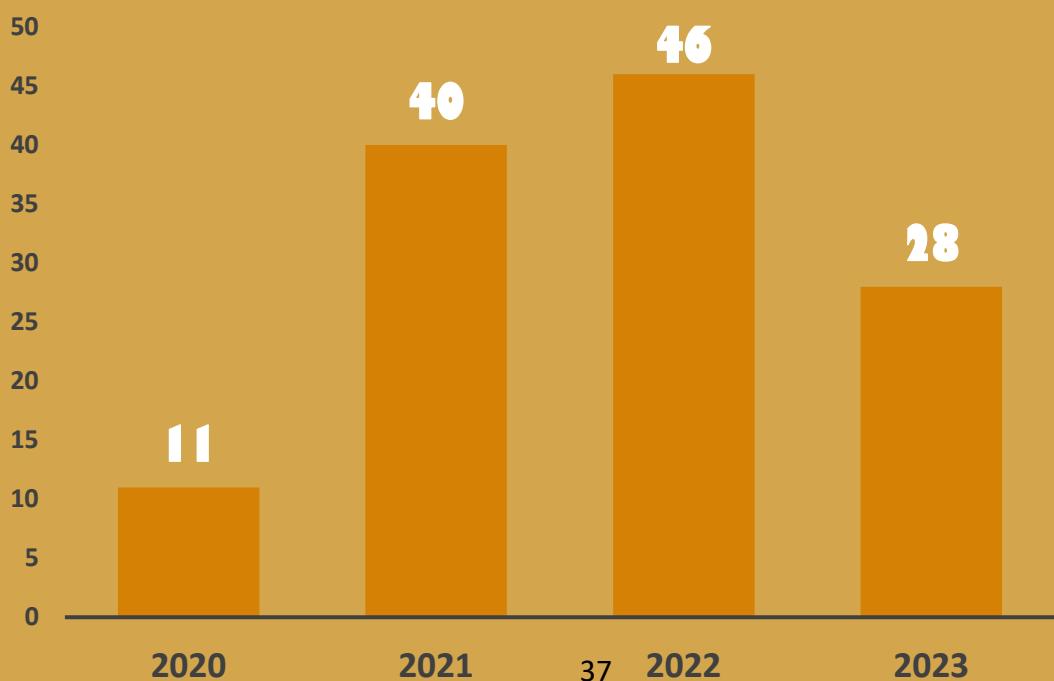
Our playgroup program runs every day from morning up to midday. During break-time, the kids are getting cup of porridge and enjoying fresh air outside. The program is led by early childhood education teacher with an assistant.

During the year of 2023, total of 28 children joined the playgroup. During the year we had only one group, which continued from January up to graduation in the end of October. During the year our early childhood education teacher Priscilla swifited to work in another program. Through the changes we hired a new teacher. In July Sumaiya joined the team as a new playgroup main teacher.



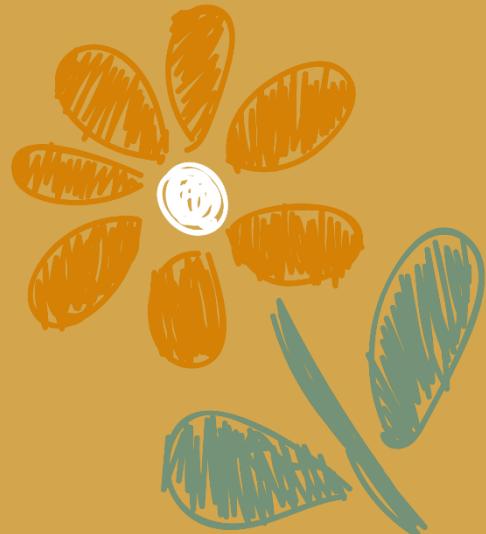


## NUMBER OF PLAYGROUP KIDS SINCE STARTING THE PROGRAM



# **HSH CHILDREN'S PLAYGROUP OVERVIEW OF 2023 EXPENSES**

| <b>HSH CHILDREN'S<br/>PLAYGROUP</b> | <b>TOTAL KES</b>      | <b>TOTAL EUR</b>  |
|-------------------------------------|-----------------------|-------------------|
| Construction - Materials            | 36 000,00             | 276,92            |
| Construction/repair - Labour        | 3 500,00              | 26,92             |
| Learning materials                  | 5 400,00              | 41,54             |
| Salaries                            | 167 500,00            | 1 288,46          |
| Transport                           | 1 000,00              | 7,69              |
| <b>TOTAL</b>                        | <b>213 400,00 KES</b> | <b>1 641,54 €</b> |



**A°**

**B° C°**



## KALEVALA TRAINING CENTER

In 2019, Kalevala Koru was looking for a partner and a charity, whereas much of the grant as possible would go directly to the project. It was also important that the impact of the grant was as large as possible and that it could be measured. These were all fulfilled for the Home Street Home and Kalevala Training Center project. With knowledge and skill, together we can change the world.

During the spring and summer of 2020, with the funding of Kalevala Koru, we have built and established a training center for girls and young women. Kalevala Koru is responsible for financing the project and Home Street Home handles the operational side of the project. With the Kalevala Training Center, we can train vulnerable girls and young women. The courses are aimed at uneducated girls aged 16-25.

Girls are still at a disadvantage compared to boys. Girls' education is threatened by poverty, family attitudes and crisis situations. Cases of exploitation of girls, early pregnancies, forced marriages and cases of human trafficking remain common. In addition, in the daily lives of families, girls are placed more responsible for housekeeping, cooking, and caring for children, while boys can focus on their studies. In the evenings, the girls cook, do the dishes, and do the laundry, so the time available for homework is reduced. This leads to a decline in a girl's school performance and even dropping out of school.





## KTC COURSE PROGRAM

The education areas of the Kalevala Training Center are part of the Kenyan education system. At the end of the courses, students can take a national final exam, after which they receive an official certificate of competence. We offer three different courses: Computer Packages, Salon & Hairdressing and Tailoring & Dressmaking. During the courses, students learn the basics of the fields in theory and practice. During the studies, competence is assessed and tested so that we can be sure that all students are keeping up. The teachers are six local hired teachers.

In addition to theory and practical skills, teaching will focus on entrepreneurial orientation and leadership themes. We want to encourage students to be entrepreneurial and coach them towards the future. Through motivational exercises, leadership lessons, and entrepreneurship themes, we aim to ensure that students are left with a variety of tools for the future. We are wishing to bring more additional courses and workshops to our students.





## KTC LUNCH PROGRAM

Our KTC lunch program aims to provide lunch for all our students and staff members. Through the program, we can ensure our students are learning with filled stomachs and high energy level throughout the day. During the year 2023, our chef Shaban and kitchen helper Mauwa served lunch for the students and team members throughout the year.





## IMPACTS

### JOB OPPORTUNITIES

The project has given a permanent contract for eleven people: six teachers, administer, cleaner, cook, kitchen helper and security guard. For them, the job opportunity has been a great chance to sustain their families.

### NEW BEGINNINGS

Chance to study and return into their school path, has been a great new beginning for many of our students. Most of our students have been growing individually and have stood up more confident than ever. We have seen girls joining the course with empty face and leaving the building with their heads high, carrying their certificate proudly.

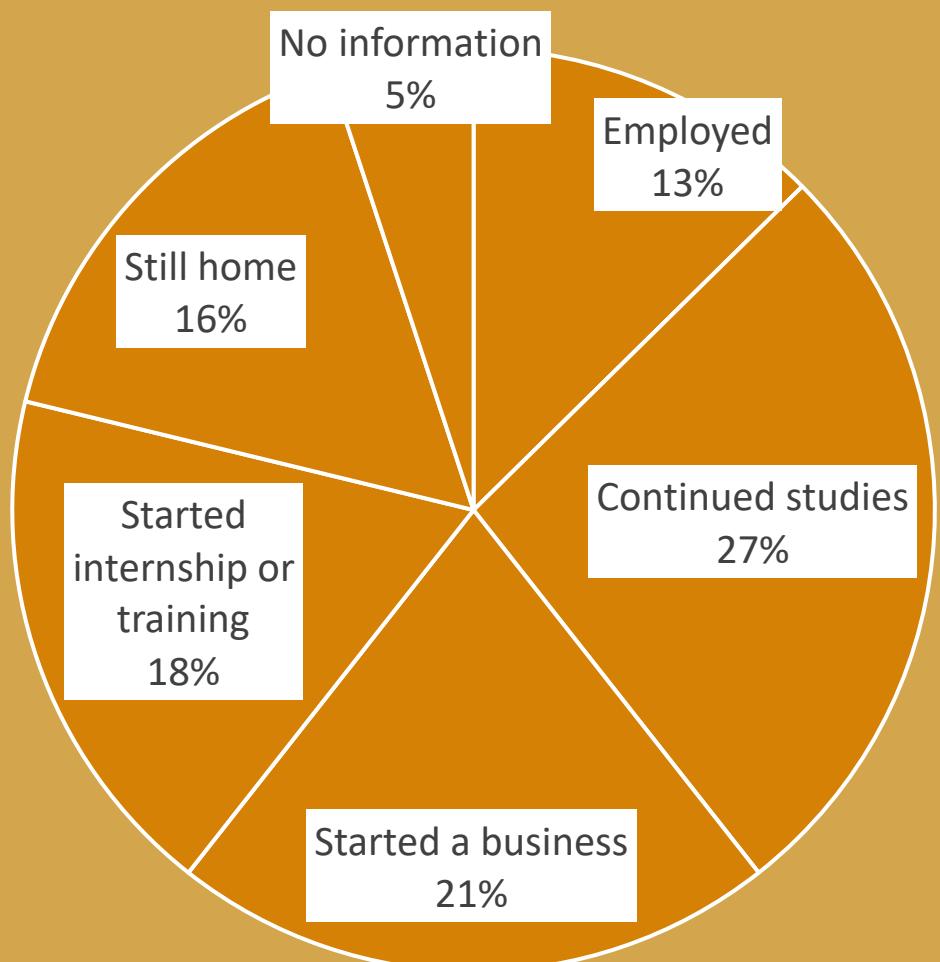
### EMPLOYMENT OPPORTUNITIES

It has been a big pleasure for us to see, how well our students have found their paths. After graduation, most of the students continued into practical trainings and to job searching. Completely new world full of opportunities had opened to them. Some of them started to practise their skills from home, some are planning to start their own business. Some of the students got employed immediately after finishing their course.

# KTC GRADUATES' TRACKING

| KTC GRADUATES PER COURSE |                   |                      |                         |       |
|--------------------------|-------------------|----------------------|-------------------------|-------|
| Year                     | Computer Packages | Salon & Hairdressing | Tailoring & Dressmaking | Total |
| 2020                     | 12                | 14                   | 0                       | 26    |
| 2021                     | 41                | 43                   | 27                      | 111   |
| 2022                     | 48                | 57                   | 34                      | 139   |
| 2023                     | 45                | 54                   | 23                      | 123   |
| TOTAL                    | 146               | 168                  | 84                      | 398   |
| TOTAL GRADUATES 398      |                   |                      |                         |       |





# HIGHLIGHTS OF KTC 2023



## GRADUATION CEREMONIES

During the year 2023, we celebrated 3 KTC graduations. Every time, our ceremonies were full of joy and excitements. Our students received their certificates proudly and turned their heads towards new open doors. During the year, total of 123 students graduated. This included 45 computer class students, 54 salon & hairdressing students and 23 tailoring and dressmaking students.

## KTC 3 YEARS BIRTHDAY

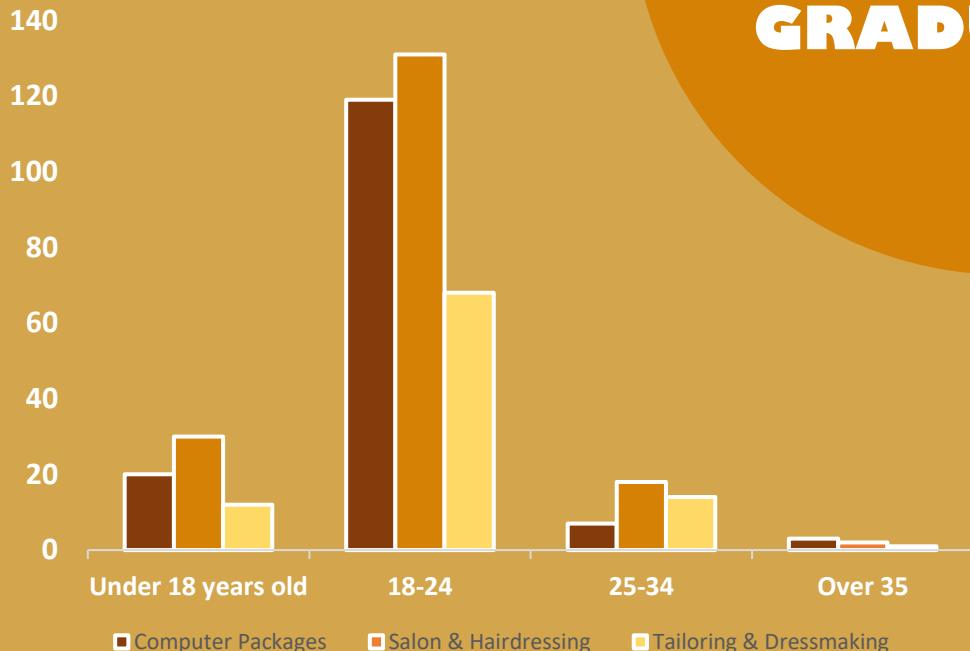
On 25 August 2023, we celebrated our 3<sup>rd</sup> year of Kalevala Training Center operation. To mark this important milestone we ordered a colorful and nice decorated cake. We prepared a nice venue and all the team members and students gathered, with beautiful birthday songs everyone enjoyed the moment with laughed and big smiles.



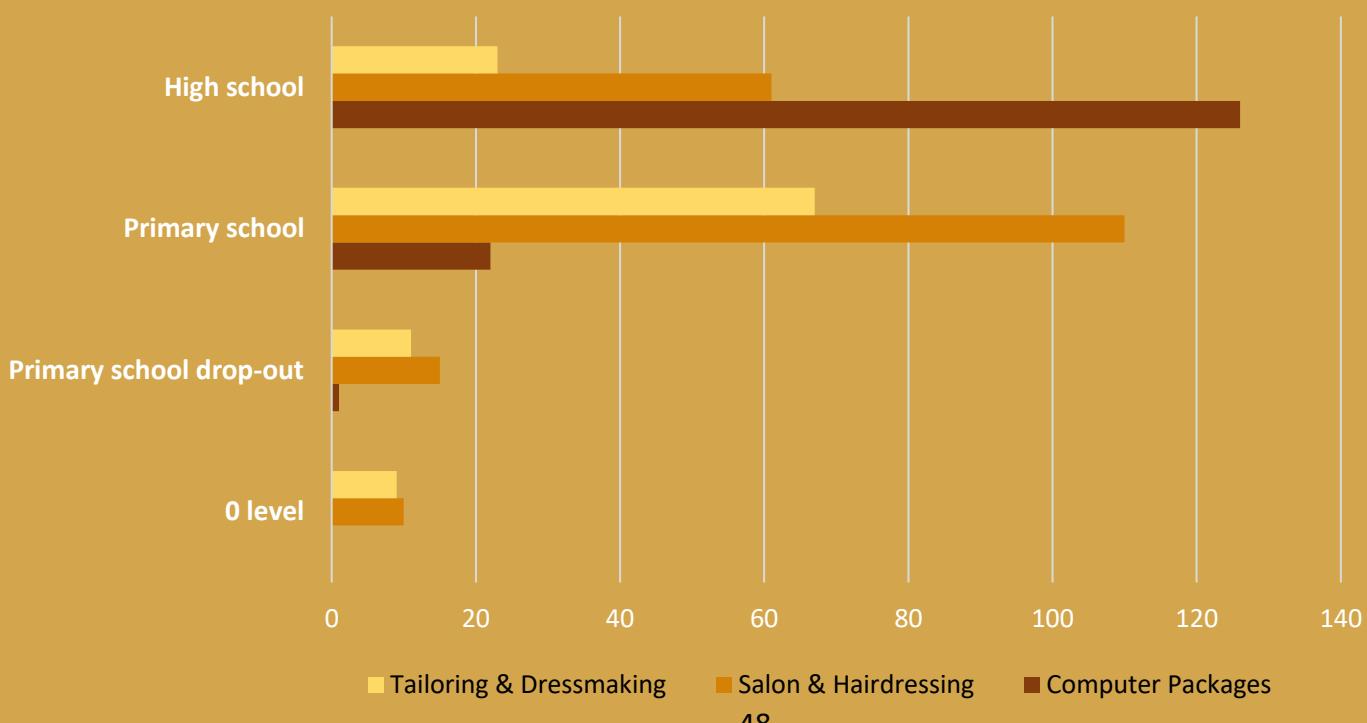
# KTC STUDENTS

398  
GRADUATES

## AGE OF THE STUDENTS



## EDUCATION LEVEL OF THE STUDENTS



# KALEVALA TRAINING CENTER OVERVIEW OF 2023 EXPENSES

| KALEVALA TRAINING CENTER     | TOTAL KES               | TOTAL EUR          |
|------------------------------|-------------------------|--------------------|
| Running costs                | 212 860,00              | 1 637,38           |
| KTC Lunch program            | 586 754,00              | 4 513,49           |
| T-shirt printing             | 44 000,00               | 338,46             |
| Ceremonies                   | 58 700,00               | 451,54             |
| Course materials & equipment | 363 063,00              | 2 792,79           |
| Salaries                     | 2 804 000,00            | 21 569,23          |
| <b>TOTAL</b>                 | <b>4 069 377,00 KES</b> | <b>31 302,90 €</b> |



## **HSH GARDEN**

With the price of fuel continuing to rise everyday food products are being inflated to high prices hence hindering our daily expenses at the center. We have this year again taken advantage of the rainy season for our gardening project.

Our HSH Garden includes simple vegetable garden and two greenhouses. The garden project aims to produce fresh vegetables, herbs and fruits in our own compound.

We started to work on our garden on early June and this time we planted zucchini, eggplants, and sweet potatoes. The food products are geared to support our daily meal programs, which include breakfast for the team and lunch program for the KTC students.



## HSH CHICKEN HOUSE

Our chicken project was running the whole of 2023 with 15 chickens and rooster, the project has continuously provided eggs for the team breakfast and lunch program. Our team members kept a routine of feeding the chicken on daily basis which included morning and afternoon schedule.

With the produced eggs, we have seen a reduction on our daily expenditures and also improve the team balance diet.





## **HSH LIBRARY & STUDY ROOM**

The idea of the HSH Library & Study room program is to offer all children the possibility to use schoolbooks and materials outside teaching hours. In addition, we are using our library to organize extra classes, workshops, and trainings. Our library shelf has different school books, course books, revision books, novels and story books. There are also special materials like geometrical sets, games, and exercise books for students to use.

**128**

**COURSE / REVISION  
BOOKS**

**28**

**BOARD GAMES**

**68**

**NOVELS**

**63**

**CHILDREN'S  
BOOKS**



# **TUITION PROGRAM FOR MAKONGENI PRIMARY SCHOOL**

In 2022 we supported the village primary school by organizing extra classes and tuition for the pupils. In the beginning of the school year in January, the teachers asked if we could still continue with the program.

This time we decided to support the school with morning tuition and Saturday tuition. This meant that we paid for teachers salaries for the extra hours they did for the kids. We continued the tuition support through out the school year. In addition, we organized monthly revision exams for class 8 students who were preparing themselves for the national exams.

# **HOLIDAY PROGRAM FOR PRIMARY AND HIGH SCHOOL STUDENTS**

During the end-year school holiday, we organized holiday teaching program for primary and high school students. The purpose of the holiday program is to provide educational activities for primary- and high-school children. Aim is to keep all children away from trouble and protect them from any forms of neglect or violence by providing a safe, inspiring, and active learning environment. Total of 80 children participated the holiday program.

This time our Holiday Program included activities such as:

- General learning in Math, English, science and social studies
- Hygiene, sexual education
- Environmental education
- Essay writing, reading & understanding
- Art & creativity
- Home science & chemistry

# **HSH LIBRARY & STUDY ROOM OVERVIEW OF 2023 EXPENSES**

| <b>HSH LIBRARY &amp; STUDY ROOM</b> | <b>TOTAL KES</b>      | <b>TOTAL EUR</b>  |
|-------------------------------------|-----------------------|-------------------|
| Teacher payment                     | 163 900,00            | 1 260,77          |
| Learning materials                  | 5 320,00              | 40,92             |
| Exams & others                      | 10 000,00             | 76,92             |
| <b>TOTAL</b>                        | <b>179 220,00 KES</b> | <b>1 378,62 €</b> |



## **HSH DAY CARE CENTER**

HSH Daycare Center is a daycare for children with special needs. The purpose of the project is to create a safe environment for children with special needs to learn, develop their skills, and get professional support. In addition, the purpose is to allow their parents to work and do their daily routines, while their child is in caring hands. Our focus for HSH Daycare Center is to help children with special needs in age between 3 months to 8 years from the area of Kwale County.

Daycare is constructed as a part of HSH Center. The building includes daycare and therapy facilities with cozy and child-friendly design and style. We want our daycare to be a special place where children can learn, play, and get inspired. The daycare is equipped with professional therapy equipment and materials to meet the need of the children.

Besides of the daycare services, HSH Daycare Center offers several therapy services for the children with special needs. Multiprofessional team ensures all the children are receiving the right treatment and attention. These specialists are there to ensure the establishment of professional support and help the children need. The center offers private one-to-one therapy sessions, group therapy and therapy sessions together with family members.

# FINALIZING THE DAYCARE: READY FOR OPENING!



# OPENING CEREMONY

HSH Day Care Center was officially opened on the 30th of May 2023. The event was special in its own way and one of the biggest ceremonies ever organized by Home Street Home. The opening was joined together with KTC Graduation ceremony and 65 students graduating. The venue was beautiful, inspirational, and eye catching, team members had been working very hard to make the day look colorful. Our team, HSH committee, community members, parents with kids with special needs and people living with special needs got together for the ceremony. Since it was a special day, we also invited officials from Kwale County government to come and celebrate with us.

We were honored to welcome Kwale County Deputy Governor Mr. Chirema Kombo, other designated government officials and our project partners to the ceremony. The event started with a ribbon cutting to officially open the building by Mr. Chirema Kombo. Then he was taken through a tour inside the building. He was impressed how beautiful, colorful and equipped our daycare was, and it was ready to serve the purpose.

Mr. Chimera and other guests who gave speeches applauded the daycare initiative which is the first one in Kwale County. During the speeches it was also mentioned that for many years children with special abilities have lived with limited support and mostly very poor services and discrimination within the community. This was said to be a new beginning for many kids and parents who have suffered for a long time. HSH have now put smiles on faces for all the kids and parents who will be able to access the services.





## **HIRING AN OCCUPATIONAL THERAPIST**

Before we opened our beautiful daycare, we announced that we are looking for a new team member to fill an occupational therapist position. Through our network we contacted several specialists in the field who recommended few therapists.

One of them was Caroline Mutheu and we managed to arrange a one-on-one meeting with her. She then convinced us that she is the right person to help the kids. Caroline is a qualified Occupational therapist and licensed by the government to work with kids who have special needs. Carol has recently graduated from her institute and before meeting us, she had worked as a home-based therapist for 3 months.

Caroline is bringing in expertise and skills to the team. Carol is a kind and caring person, who likes to give her time to her clients. She is calm and always ready to listen and have discussions. Carol likes working under pressure, and she is always ready for anything. She is flexible and she has been recently adapting to her work roles.

# DAILY PROGRAM IN THE DAYCARE

HSH Day Care Center is open from Monday to Friday every day except for public holidays. A normal day starts at 7:30 am with preparations to receive the parents and the kids. The arrival of the clients starts at 8:00, and the activities commence immediately. During the pilot program, many children came to the center with their mother or guardian. Every day some family members participated in the daily activities with the children.

The activities during our pilot period included daily therapy sessions with the kids, porridge feeding time, free play time, group sessions, lunch and lots of playtime. Day ends at 3:30 pm and after the children have left, the team arranged the play areas and recorded daily notes.

Due to Thursday being a clinic day for the kids at the government hospitals, we decided that this day will be used for the team to focus on activity planning, recording, cleaning and sanitizing the toys and therapy equipment's.

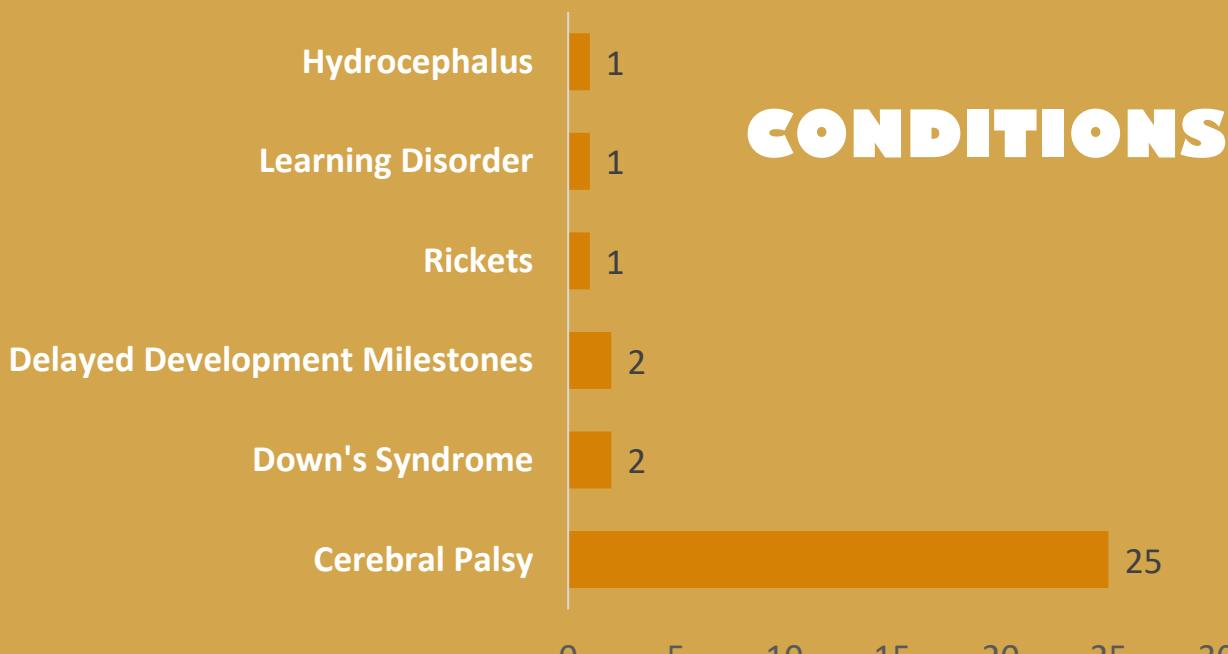
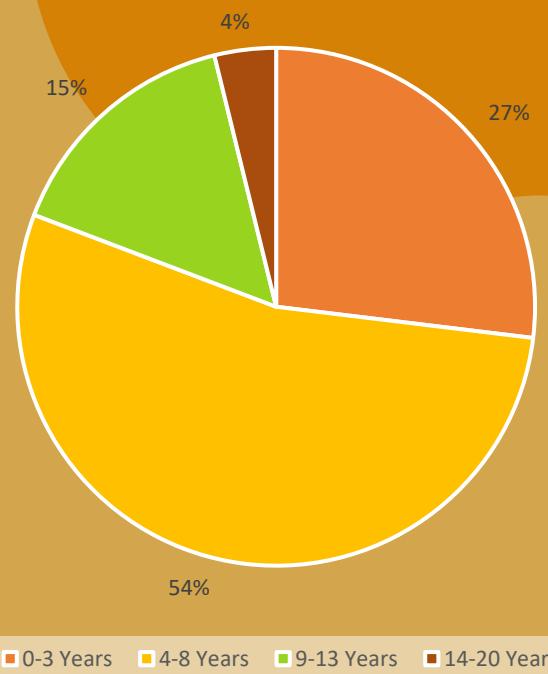


# DAY CARE PROGRAM IN NUMBERS

**32** 19 BOYS  
13 GIRLS

**REGISTERED  
CHILDREN BETWEEN  
JUN-DEC 2023**

## AGE OF THE CHILDREN



# 527

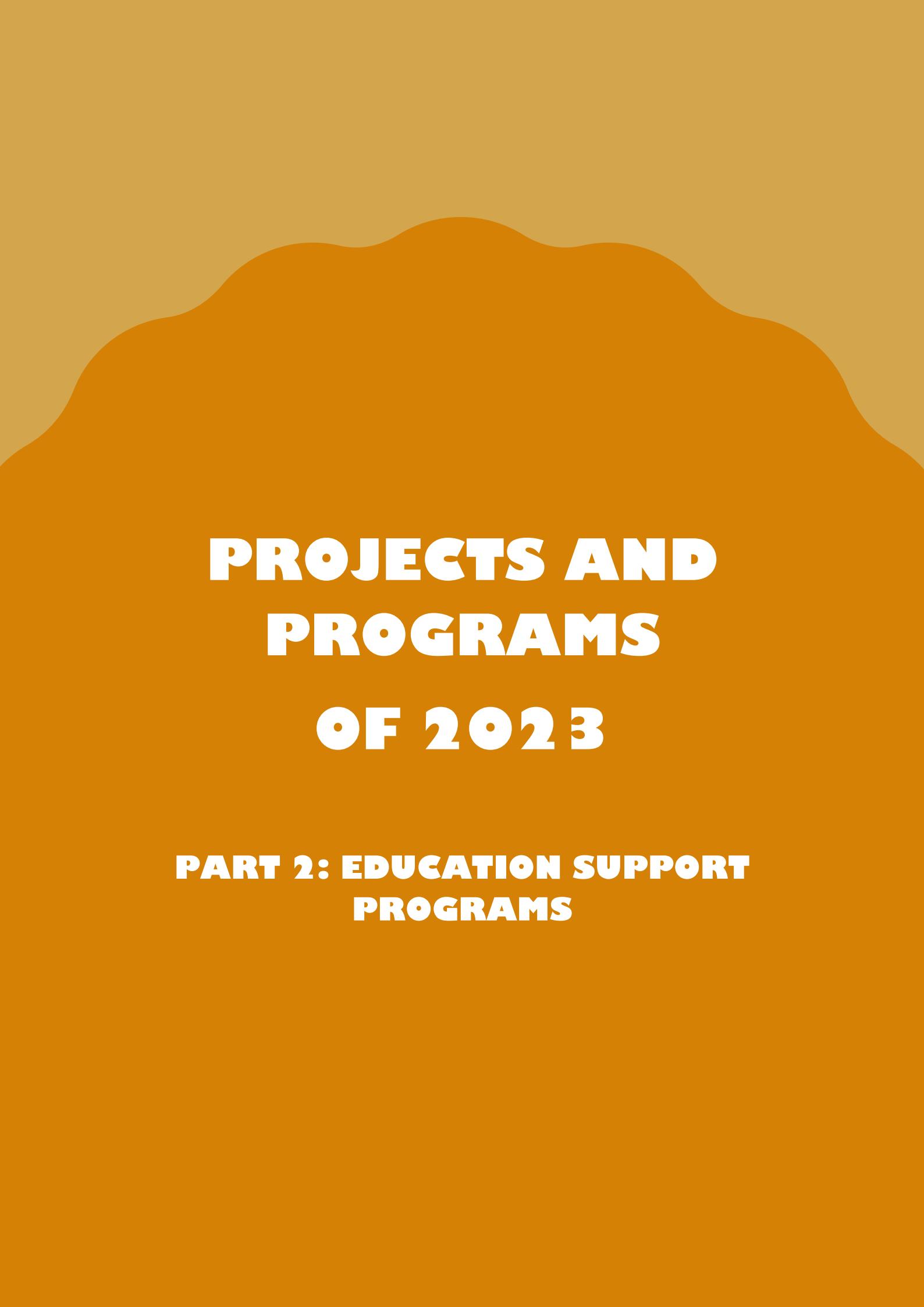
**THERAPY SESSIONS  
BETWEEN JUN - DEC**



## HSH DAY CARE CENTER OVERVIEW OF 2023 EXPENSES

| HSH DAY CARE CENTER      | TOTAL KES               | TOTAL EUR          |
|--------------------------|-------------------------|--------------------|
| Construction - Materials | 722 423,00              | 5 557,10           |
| Construction - Labour    | 352 310,00              | 2 710,08           |
| Transport                | 18 700,00               | 143,85             |
| Water                    | 17 940,00               | 138,00             |
| Opening ceremony         | 20 000,00               | 153,85             |
| Food / meals             | 2 045,00                | 15,73              |
| Tools & equipment        | 76 248,00               | 586,52             |
| Salaries                 | 337 000,00              | 2 592,31           |
| Airtime & internet       | 3 000,00                | 23,08              |
| Team bonus               | 380 000,00              | 2 923,08           |
| <b>TOTAL</b>             | <b>1 929 666,00 KES</b> | <b>14 843,58 €</b> |





# **PROJECTS AND PROGRAMS OF 2023**

## **PART 2: EDUCATION SUPPORT PROGRAMS**



## **HSH FEEDING PROGRAM**

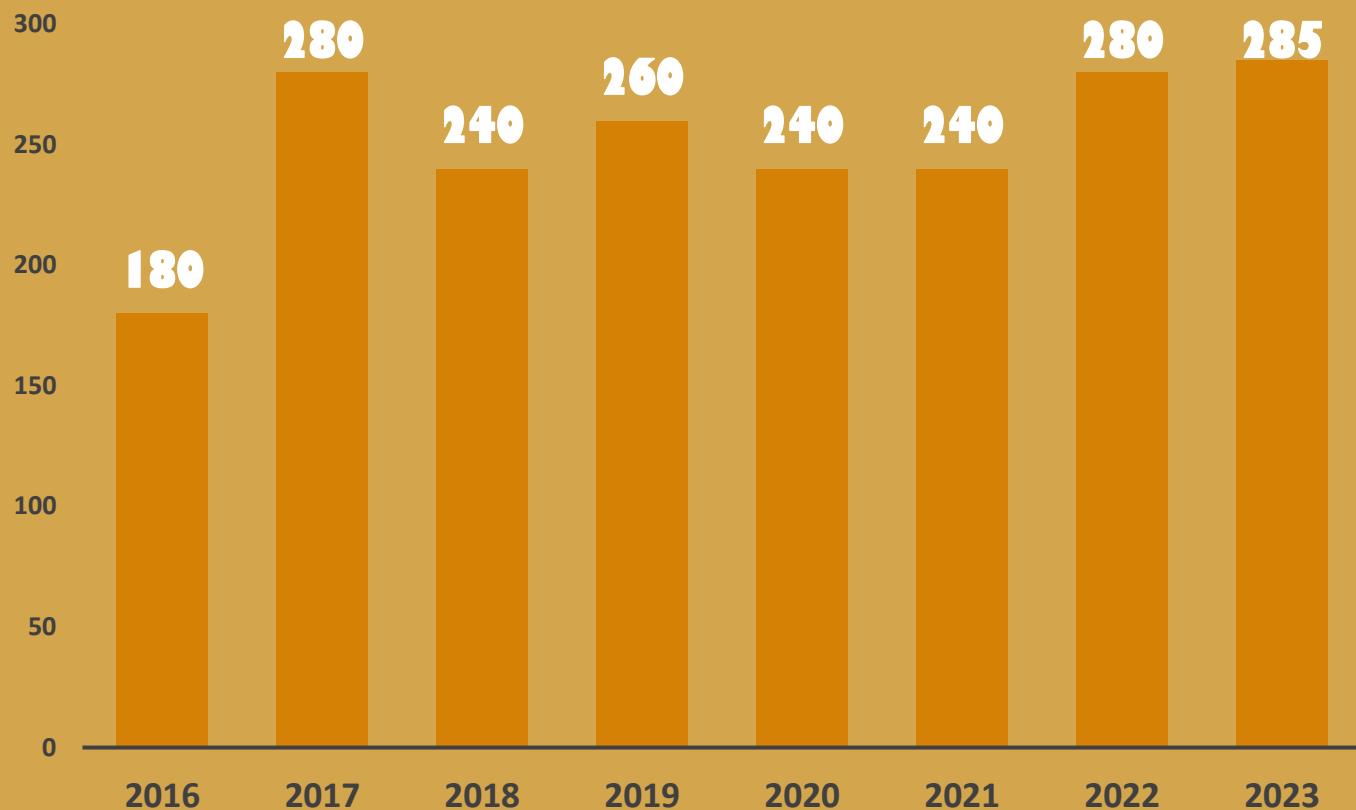
Majority of the children in this area go to school without breakfast because of poverty. As a result, this project has contributed to improved concentration and activeness of the pupils during class time, and in turn better academic performance in the long-term.

HSH Feeding Program gives kindergarteners an opportunity to stay concentrated in class without hunger. This is achieved through feeding the kindergarten school going children with nutritious porridge every morning-break at school. As a pilot project, it was started in Makongeni in 2016 and it is now on going. The project is hailed to be successful by the parents and teachers of Makongeni Pre-primary school. In 2021, we added second school to our program and now also kids from Gazi are served porridge.

In 2023 our HSH Feeding Program was running smoothly throughout the whole year. Our HSH Feeding Program cook Mauwa and our volunteers made sure porridge was served in every school day.

As important and massive development step, in the end of the year we started to construct a new kitchen to the primary school in Makongeni. The aim of the new HSH Feeding Program extension is to start serving porridge to the primary pupils by February 2024. This will mean around 1000 porridge cups in a day.

## NUMBER OF PUPILS IN HSH FEEDING PROGRAM 2016-2023



# 311 200

## CUPS OF PORRIDGE

In 2016-2023



### HSH FEEDING PROGRAM OVERVIEW OF 2023 EXPENSES

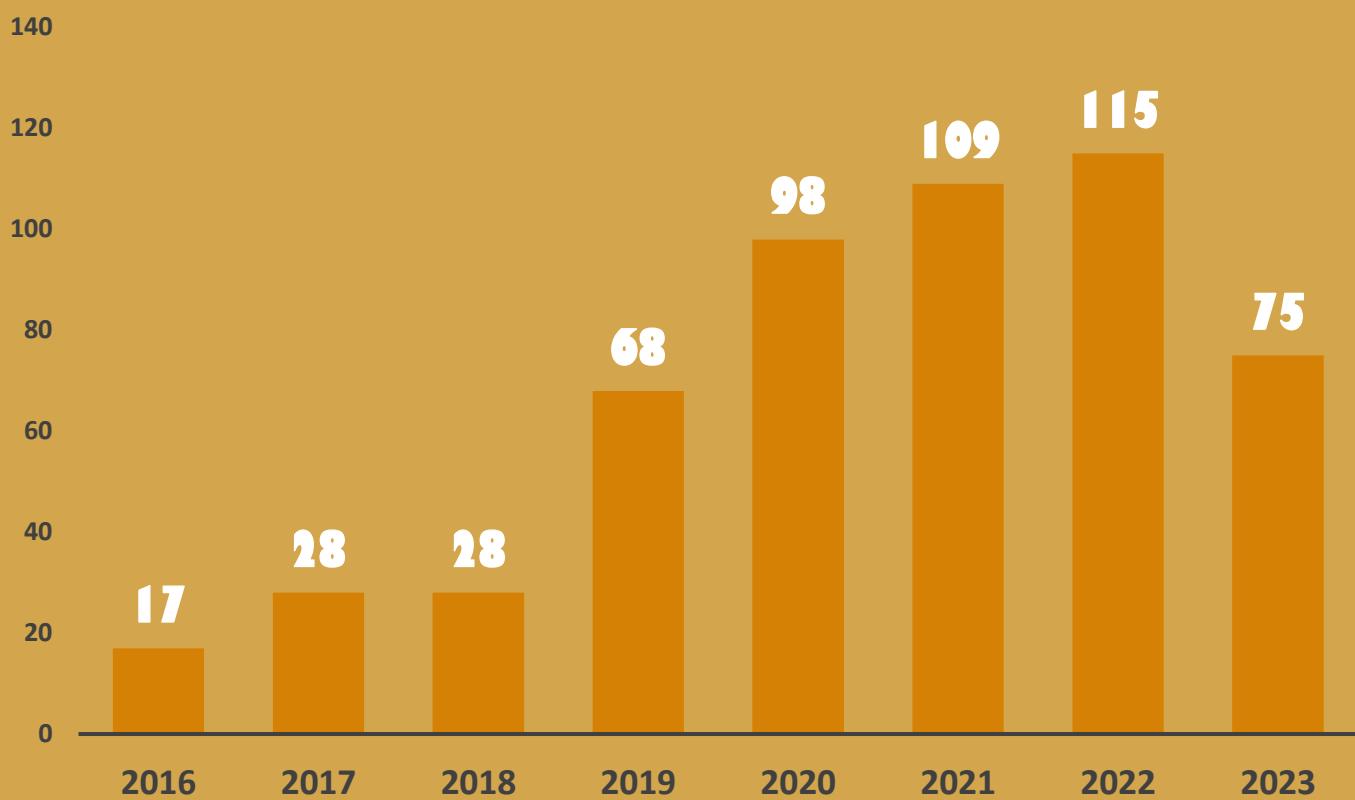
| HSH FEEDING PROGRAMME  | TOTAL KES             | TOTAL EUR         |
|------------------------|-----------------------|-------------------|
| Porridge ingredients   | 129 150,00            | 993,46            |
| Construction materials | 316 185,00            | 2 432,19          |
| Construction labor     | 142 550,00            | 1 096,54          |
| Firewood               | 7 450,00              | 57,31             |
| Detergents             | 2 350,00              | 18,08             |
| Untensils              | 16 620,00             | 127,85            |
| Salaries               | 64 400,00             | 495,38            |
| <b>TOTAL</b>           | <b>678 705,00 KES</b> | <b>5 220,81 €</b> |

# HSH TRUST

We believe that good education is the key to break the cycle of poverty and to create a better future for children and their families. Therefore, we promote education in the community by facilitating sponsorship for vulnerable students and pupils who otherwise would not have a chance to attend.

The aim of the HSH Trust program is to support children by covering their school fees, buying uniforms and other essential school supplies, and supporting the child's well-being, to ensure the continuity of their school path.

## NUMBER OF CHILDREN IN TRUST PROGRAM 2016-2023



# **HSH TRUST PROGRAM IN 2016-2023 IN NUMBERS**

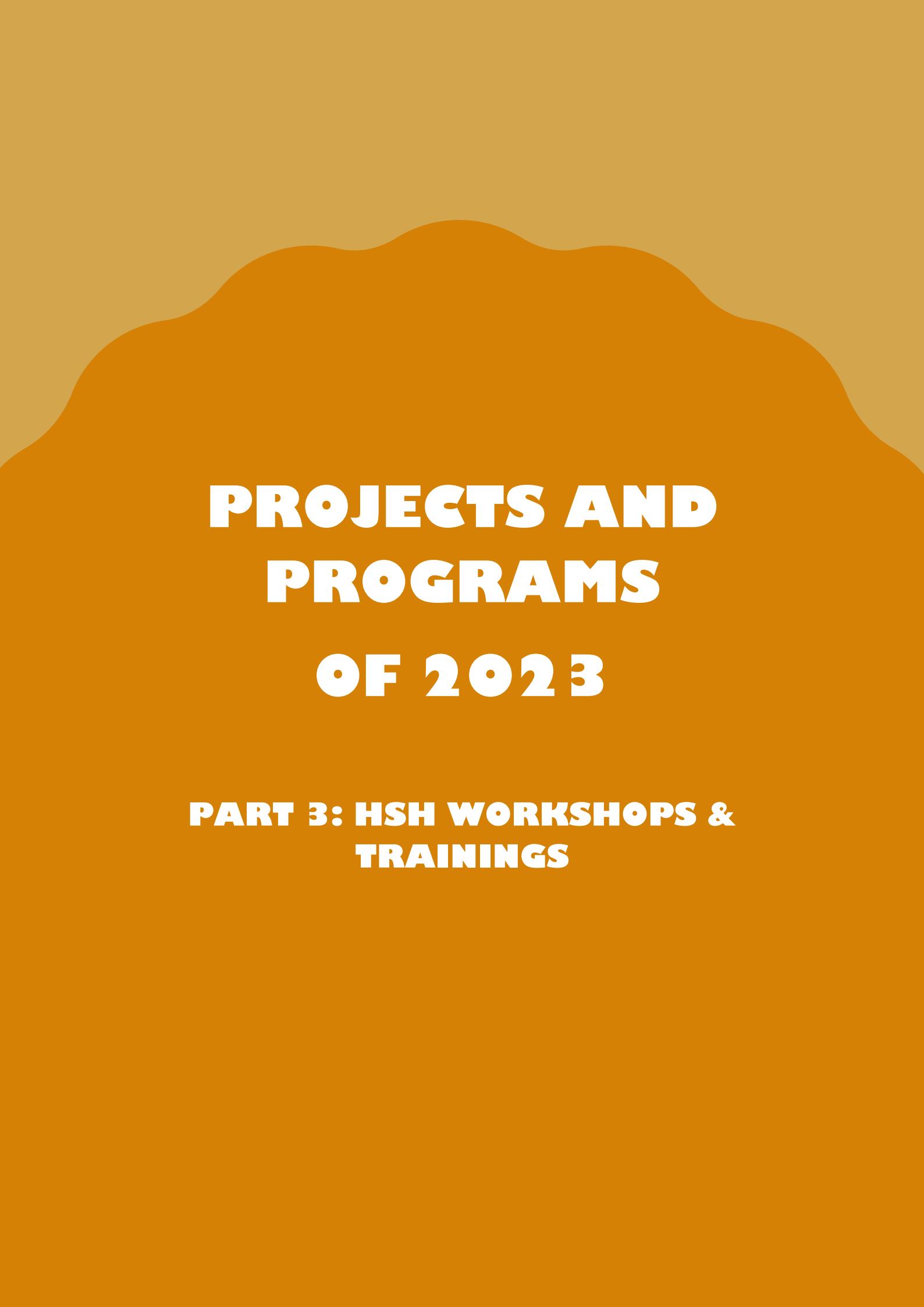
**NUMBER OF SPONSORED  
SCHOOL YEARS BEHIND:  
538 YEARS**

**OVER 4250  
EXERCISE BOOKS**

**Over 900 PAIRS  
OF UNIFORMS**

**OVER  
2400  
PENCILS**





# **PROJECTS AND PROGRAMS OF 2023**

**PART 3: HSH WORKSHOPS &  
TRAININGS**



## HSH BABYSHOWER

In Finland all expectant mothers are given a baby box. It's like a starter kit of clothes, sheets, toys, and other baby products. The box itself can be even used as a bed. It's tradition that dates to 1930s and it's designed to give all children in Finland, no matter what background they are from, an equal start in life.

In 2016 we wanted to bring our own baby boxes to mothers here in Kenya. As a result, we started our HSH Babyshower program. The aim of the program is to share well-designed baby basins, organize trainings and connect new mothers together.

During 2021 we developed HSH Babyshower as full and created a new babyshower workshop package. Our new workshops focused on nutrition, hygiene & skin care, vaccinations, baby's development milestones and child's first aid. In addition, we also discussed about the importance of regular clinic visits and birth certificate application process.

In 2023 we continued to run and redevelop the HSH Babyshower program. In March, we organized Babyshower event for 100 mothers. four groups of 25 mothers arrived to our center and participated our maternity workshops led by wonderful Clara. After the workshops, we shared baby basins to all participated mothers.



# HSH BABYSHOWER WORKSHOP TRAINER: CLARA

Our wonderful HSH Babyshower trainer is Clara. Clara is lifeguard, first aider, county hospital maternity worker and mother of three. Clara understands the cultural and environmental context the mothers are living in. She understands how background, culture and religion affect the life of a mother and her child. She is also having a high knowledge about natal clinic services and general governmental services in the area.

She is simply the best person to lead the workshops and teach the mothers.





# OUR 2023 BABY BASINS INCLUDED:

mosquito net, baby mattress, khanga, 400g cotton wool, 60ml surgical spirit, hygiene products in a hygiene bag, toothbrush, reusable diaper, napkin, toy, baby book, cord clamp, 2 pairs of surgical gloves, 5 baby clothes, socks, basin, menstruation cup and 3 laminated workshop information sheets.

**100 BABY BASINS**  
(IN 2023)

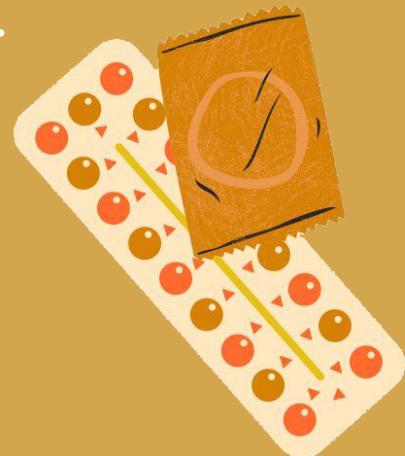


# HSH BABYSHOWER STATISTICS 2023

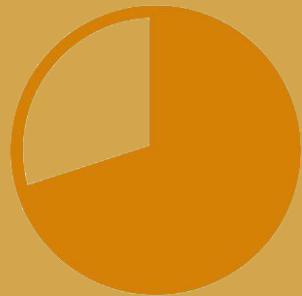
25

**Mean age of the participated mothers were 25. Youngest participant was 17 years old.**

**38% of the mothers had never used contraceptives.**



**72% of the participants were uneducated or had finished school in primary school level. 10 mothers had never gone to school.**



**10% of the childbirths were c-sections. 20% of the deliveries were induced.**

**60% of the mothers had experienced complications during the pregnancy or delivery.**



**4 babies were born premature.**

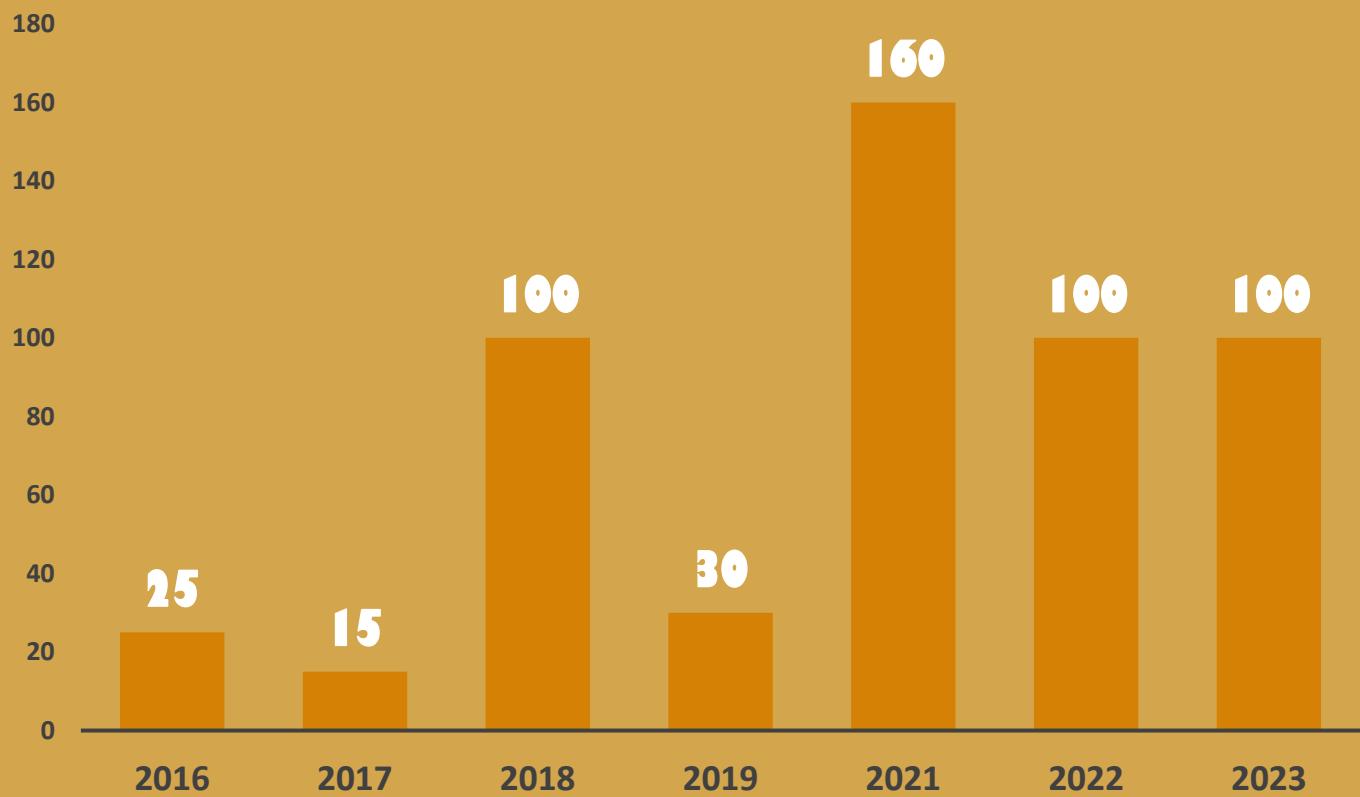
**20% of the mothers had experienced one or multiple miscarriages.**

**20% of the mothers had not gone to antenatal clinic.**

**All mothers had experienced unpleasant or mean treatment while in hospital or visiting antenatal clinic.**



# 530 BABY BASINS SHARED SINCE STARTING THE PROGRAM





## HSH GIRL'S & BOY'S CLASSES

The HSH Girl's & Boy's Class program aims to teach youths about sexual education. Our program aims to develop and strengthen the ability of children and young people to make conscious, satisfying, healthy, and respectful choices regarding relationships, sexuality, and emotional and physical health. The program is done in one full day session, that includes numerous topics.

The main topics of the HSH Girl's & Boy's Classes are sexual health and rights, but the class covers plenty of other related topics as well. Other topics that are also stressed include puberty, menstruation, menstruation hygiene, and different period products like reusable sanitary towels and menstruation cups. In addition, the program covers topics such as safe sex, different birth control methods, the risks of home abortion, and where to get help, if someone is pressuring you for sex.

This year we have organized our girl's & boy's class programs as part of our holiday program in November. The classes were organized on 10<sup>th</sup> and 17<sup>th</sup> of November and they were led by our clinical officer Cecilia. This time 40 girls and 20 boys attended the classes. After participating the program, the participants were asked to fill anonymous survey.

# HSH GIRL'S & BOY'S CLASS STATISTICS

**TOTAL OF 40 GIRL'S AND 20 BOYS  
PARTICIPATED THE PROGRAM IN  
2023**

**15**

**MEAN AGE OF THE PARTICIPANTS  
WERE 15.**

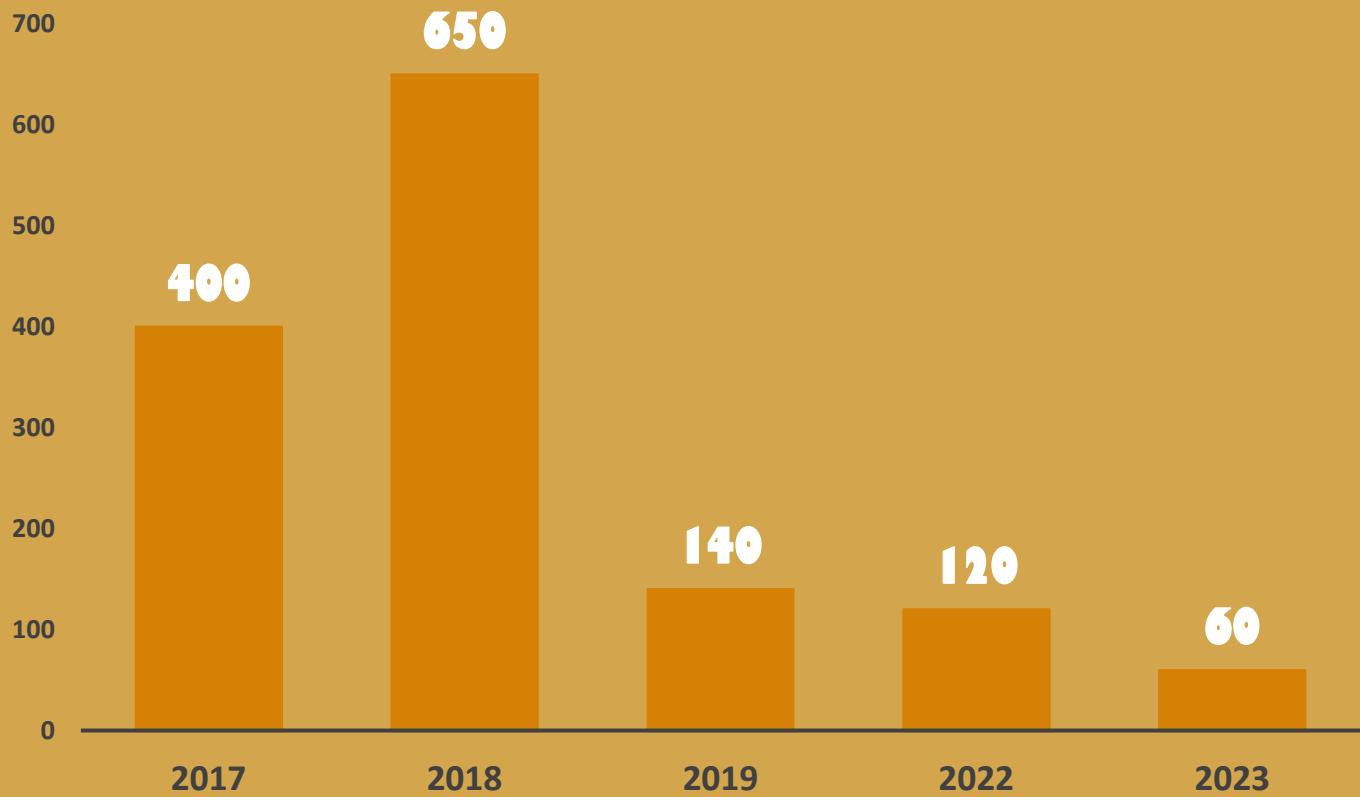


**ONE THIRD OF THE GIRL'S KNEW  
SOMEONE FROM THEIR AGE GROUP WHO  
HAD DONE HOME ABORTION**

**25% OF THE GIRL'S SAID THAT THEY HAVE  
EXPERIENCED SEXUAL VIOLENCE OR PRESSURE.**

# 1370

## EDUCATED GIRLS AND BOYS SINCE STARTING THE PROGRAM



# ENTREPRENEURSHIP BOOTCAMP

From 21<sup>st</sup> to 23<sup>rd</sup> November 2023, we organized an entrepreneurship bootcamp in collaboration with Ambitious Africa and LUTES. Ambitious Africa is providing high-quality education for future African educators and top-level business development support for local entrepreneurs. LUTES is a student-led organization that operates in the Lappeenranta campus and it aims to create an open and inspiring environment for entrepreneurship and self-development.

33 students from KTC joined the bootcamp and jumped deeper to the entrepreneurship world. During the training the participants identified problems, build solutions, and turned them into business ideas. The group practiced how to pitch business ideas and by the end of the bootcamp, we had a big group of entrepreneurial-minded youths ready to start their businesses. After the bootcamp, everyone was given a certificate of participation.





# OTHER TRAININGS, WORKSHOPS AND TEAM BUILDING DAYS IN 2023

|   |   |  |
|---|---|--|
| 19 <sup>th</sup> – 23 <sup>rd</sup> Jan                     | Disability Training                               | Team training about different types of disabilities and how to assist a person with special need.                                    |
| 9 <sup>th</sup> and 25 <sup>th</sup> Aug                    | Trauma Training                                   | Team training about understanding trauma and how to support people with trauma.  |
| 10 <sup>th</sup> Oct  | HSH Birthday                                      | Home Street Home's 9 years old birthday party with cake.   |
| 17th and 31 <sup>st</sup> Oct                               | Co-Creation Workshop: Referral Chain Model ;aking | Two-days co-creation workshop with an aim of creating a new referral chain model to HSH Health Clinic. Part of master's thesis work. |
| 13 <sup>th</sup> Nov  | Tree Planting Day                                 | Tree planting activity and beach day together with the team.   |
| 15 <sup>th</sup> Nov  | Team Building Day                                 | Occupational safety and first aid themed team games and fun activities together with the team.                                       |
| 6 <sup>th</sup> , 16 <sup>th</sup> and 28 <sup>th</sup> Nov | Waste Recycling Workshop                          | Environment, waste management and recycling themed workshops for the team.   |



# **PROJECTS AND PROGRAMS OF 2023**

**PART 4: HSH VOLUNTEERING &  
STUDENT WORK**



## HSH VOLUNTEERING

We work as a team together with both local and international volunteers. Volunteer work is a good way to help, meet new people and participate in something that is important to you. There are many proven personal benefits of community volunteerism. Working together with a group of people who have different ethnicity, life backgrounds, and views reduces stereotypes. Community volunteerism has also been proven to improve student's academic success. Home Street Home's voluntary program allows both international and local volunteers to join our work. Volunteers are important team members who accomplish the practical work on the field.

## LOCAL VOLUNTEERING

Our local team members are active youth who are passionate to work for their community. Local volunteers are our local guides for the international volunteers. As a HSH local volunteer, one can learn new skills, gain expertise and get new experiences with various projects and work tasks. We hope that volunteering with us can open a new chapter in one's life and lead him/her to somewhere great.

In 2023 our team grew with 3 new local members. This makes it total of 42 local volunteers since starting our program.



# THROUGH THE EYES OF THE LOCAL VOLUNTEER

21-year-old Beka Mwarima grew up in Makongeni with his 11 siblings. Beka joined the HSH team as a local volunteer a year ago. He likes to do physical work and use his hands while mixing cement, doing plumbing or construction work. He sees that it is important to keep learning and trying new things. "In the future I would like to use my skills and hands in a practical job".

Knowing the Home Street Home projects well, he decided to support the community with his work after finishing high school.

Not only because his brother Salim Mwarima was one of the founders of HSH 10 years ago, but also because the projects and impact are well known in the whole area, he says: "Home Street Home is and has always been like home to me. Every school holiday I was there to help in any way I could."

In his spare time, Beka likes to relax from all the hard work by watching a football match.

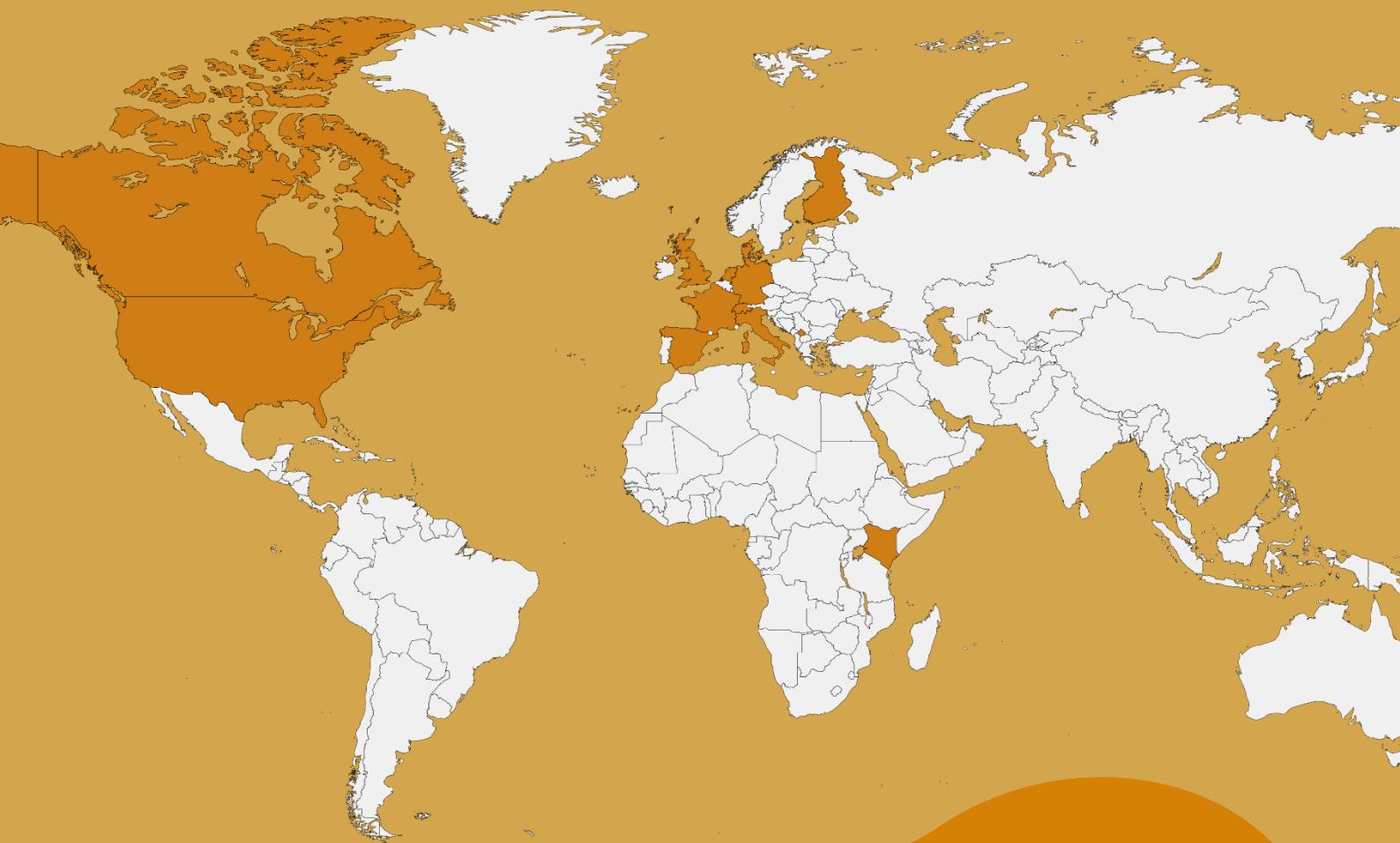
**“EVERY SCHOOL  
HOLIDAY I WAS  
THERE TO HELP IN  
ANY WAY I COULD.”**



## INTERNATIONAL VOLUNTEERING

As an international HSH Volunteer, volunteer will have opportunity to learn about Kenyan culture, expand her/his networks, improve language skills and gain project and life experiences. Working in another country gives volunteer the opportunity to step outside the comfort zone, to learn new approaches to tasks and problems and to operate in different environments.

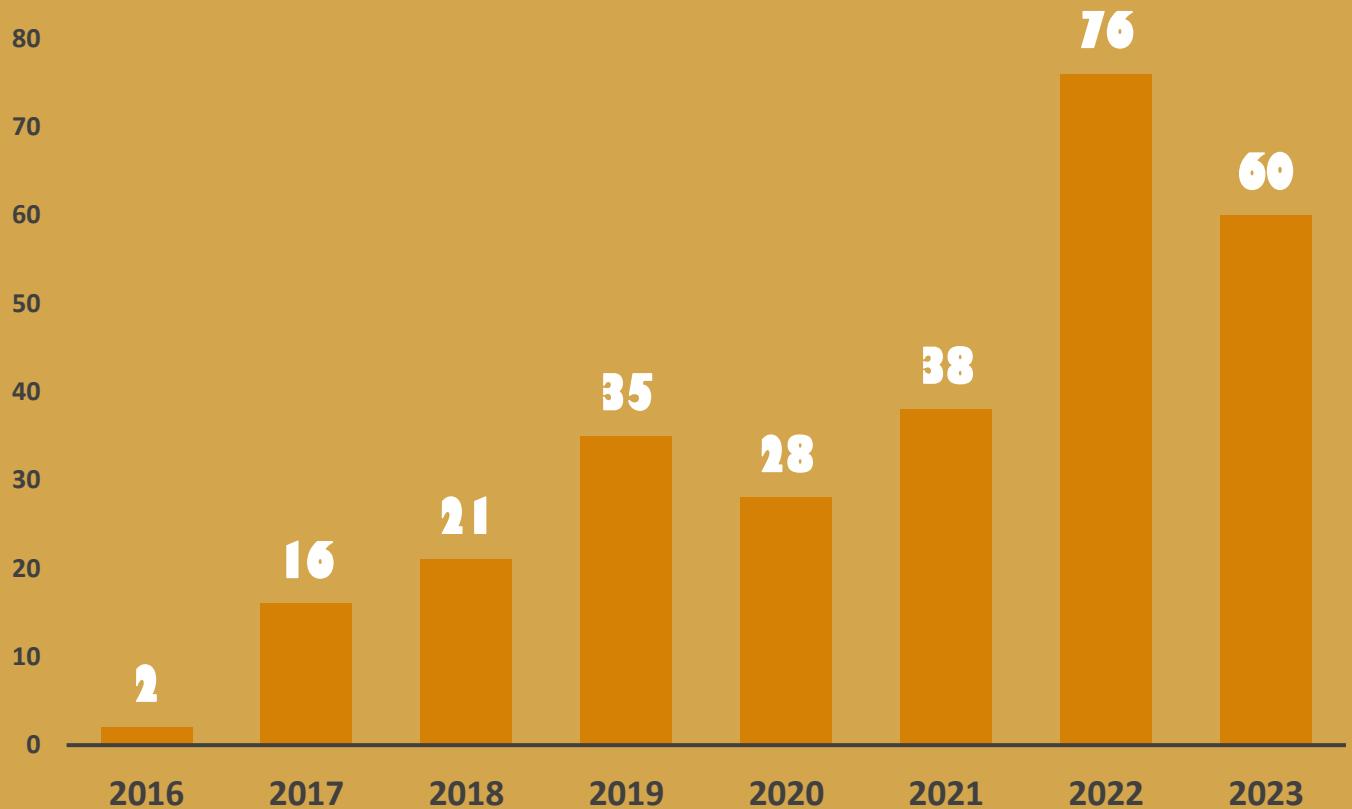
In 2023 we hosted total of 60 international volunteers from Finland, Switzerland, England, USA and Italy.



**HSH FAMILY COLOURING  
THE WORLD MAP**

**HOME COUNTRIES OF HSH VOLUNTEERS**

# HSH INTERNATIONAL VOLUNTEERS IN 2016-2023



**272**  
**INTERNATIONAL**  
**VOLUNTEERS** Since 2016

# VOLUNTEERING WITH HOME STREET HOME

*"When I graduated from high school in 2023, my dream from five years back to do volunteering in Home Street Home finally came true. At the end of the summer, I decided to contact Viola. Things progressed quickly and after a video call and numerous questions, I already had flight tickets to Mombasa.*

*I can still remember how excited I was and not worried at all about traveling alone for the first time, until the night before my departure. But the last tension disappeared when HSH team members were waiting for me at Mombasa airport. I received a warm welcome from the villagers and other volunteers in Makongeni.*

*Staying in a local host family was a unique chance to become a part of a real Kenyan family and get to know Kenyan culture better. It was so heart-warming to notice how, at first, our shy friendship with my host sisters warmed up and as time passed, we started to spend more time together. We became close and in the end, we always ate our dinner together outside while talking about everything.*

*Volunteer work started on the following Monday after arriving and getting to know the village. Physical work (and eating ugali:) ensured that our muscles didn't get weaker. Working was usually hard, but believe it or not, it still felt more like fun. We had such an amazing team, so time flew always so fast. We joked and laughed a lot without, of course, forgetting to do our work well!*

*Two months in Kenya was joyful and instructive time in my life. Even though mixing the cement using just a shovel or cutting grass with scythe, what I learned to do, are cool skills, I think I still learned something cooler. I learned about true friendships and what does the skill of living in the moment means. I realized how happy people can be without owning so much material. I was amazed again and again how innovative people were and they always could find a solution. Trying to be a nice person to everyone and trying to see the good even in difficult situations, are the real life skills what I want to cherish also in Finland."*

*-Tilda Heikkilä, HSH volunteer from Finland, Oct-Dec in 2023*

*."*



# HSH INTERNSHIP – EXPERIENCES OF THE HSH INTERNS IN 2023

*"As a master's student in health sciences majoring in nursing leadership and management, I took an internship with Home Street Home in March 2023. Throughout a four-week project internship in Makongeni, I focused on planning, implementing, and reporting on the HSH Babyshower workshop for local women as a part of the team. This internship gave me valuable insights and knowledge into the steps of project planning and implementation, revealing both its opportunities and challenges.*

**"THE INTERNSHIP  
EXPERIENCE  
CLARIFIED MY  
CAREER GOAL OF  
CONTRIBUTING TO  
GLOBAL MATERNAL  
HEALTH. "**

*In addition to the workshop, I had a chance to participate in a health clinic and a feeding program. The internship experience with HSH clarified my career goal of contributing to global maternal health. Beyond the professional aspects, I enjoyed my free time exploring the beauty of Makongeni and its surroundings, building connections with local friends, volunteers, and other interns. Living with a local family provided me with a unique opportunity to immerse myself in their daily lives, an experience I genuinely appreciate."*

*- Monna Kurvinen, Health sciences student*

*"After graduating from my studies in Media and Art I was given an opportunity to do my Ready For Life internship for Home street home in Makongeni. First day I arrived to Makongeni the kids gave me a solid tour, showing me the hotspots of the village and the beautiful Mangrove forest, their treasure and that it really is. It felt natural to be there from the beginning. I was included in many tasks, building a kitchen for primary school kids where Home street home will start their feeding program, doing an educational wall art for primary school, participating in Holiday school program and a book project including digital drawing for kids. We even had tree planting day, which was such a wonderful experience. It felt good to be beneficial to the community. I am eternally grateful for the time I experienced in Home Street Home, their creativity, kindness, problem-solving skills and the way they view the world despite the challenges, amazed and changed me in many ways. Asante sana!"*

*-Djemile, Ready for Life Intern*

**"WE EVEN HAD A  
TREE PLANTING  
DAY, WHICH  
WAS SUCH A  
WONDERFUL  
EXPERIENCE."**

*"I completed my last bachelor of social services internship at the Home Street Home organization in Makongeni, Kenya. The internship lasted three months and during that time I got to know the HSH organization projects in a variety of ways. I was involved in the planning and implementation of the activities of the daycare for children with CP and developmental disabilities. I participated in the activities of the play school for 3-year-olds and the implementation of the morning porridge project aimed at preschoolers. The internship included a development task and I created information booklet for parent who has a child with special need. During the internship I learned a lot of new things, encountered a new culture and developed in social work. It was great to work together with friendly and skilled people. "* - Anniina, Social Service student

**"AFTERALL IT WAS THE MOST AMAZING EXPERIENCE I HAVE HAD IN MY LIFE."**

**"THE INTERNSHIP INCLUDED A DEVELOPMENT TASK AND I CREATED INFORMATION BOOKLET FOR PARENT WHO HAS A CHILD WITH SPECIAL NEED."**

*"I'm first year teacher student and I did one of my internships in Home Street Home Holiday School. It was great experience for teaching. I learned a lot of English and skills how to explain the instructions for kids or how to organize activities for them. It was great we felt free to share ideas how we can teach something, and our team was so creative. The main point was help kids to revise things they've learned in the school. The idea how we wanted to do that was like we wanted it to be fun and playful for the kids.*

*In addition the experience in little village Makongeni was great and a real lesson for me. I got to know amazing people who made me feel warmly welcomed and took me to part of the family. I learned a lot of things of living in the Kenyan countryside and handy ways for basic working that are useful also in Finland. Afterall it was the most amazing experience I have had in my life. I can warmly recommend volunteering and internship in Home Street Home."*

- Helmi Rehu, teacher student

*I'm a recently graduated student in a program of a bachelor's degree in social services. I did my last internship at Home Street Home in Makongeni, which lasted 13 weeks. The internship was eye-opening, instructive, and unforgettable. I was warmly welcomed, and it was great to get to know new people and their culture, and to make new friends. The team was supportive and full of professionals from different fields, who taught me new perspectives and ways of working. I participate in many different projects, for example, feeding program, daycare, playgroup, and during my last days digging the toilet tank. Most of my time I spent in daycare, where I carried out an activity package that aimed to support children with special needs. My time in Makongeni was amazing I'm truly grateful that I could be part of the HSH's team. I can't wait to get back!*

- Jenna, Social service student

**"I CARRIED OUT ACTIVITY PACKAGE THAT AIMED TO SUPPORT CHILDRENS WITH SPECIAL NEEDS."**

# HSH INTERNS IN 2020-2023

| STUDY FIELD                           | NUMBER OF INTERNS |          |           |          | TOTAL     |
|---------------------------------------|-------------------|----------|-----------|----------|-----------|
|                                       | 2020              | 2021     | 2022      | 2023     |           |
| Nursing, practical nursing & midwife  | 1                 | 4        | 6         | 2        | 13        |
| Social work & social service          | 2                 | 5        | 7         | 2        | 16        |
| Primary school education              | 0                 | 0        | 2         | 2        | 4         |
| Marketing, Photography, Media and Art | 0                 | 0        | 0         | 3        | 3         |
| Safety and Security                   | 1                 | 0        | 0         | 0        | 1         |
| <b>TOTAL HSH INTERNS</b>              | <b>4</b>          | <b>9</b> | <b>15</b> | <b>9</b> | <b>37</b> |

# SNEAK PEEK FOR STUDENT WORK IN 2023



**ACTIVITY PACKAGE FOR DAYCARE**

**HOME STREET HOME**

**BENEFITS OF ART ACTIVITIES:**

- Fine and gross motor skills
- Muscle development
- Stress, peace and joy
- Development of cognitive abilities
- Development of emotional life
- Exercise the right half of the brain
- The connection between the brain hemispheres gets stronger





**BENEFITS OF EYE-HAND COORDINATION:**

- Developing fine motor skills
- Develop hand muscles
- Helps to visualize the environment
- Improve child's reaction time
- Positive effect on learning
- Improve concentration
- Developed through for everyday tasks such as grasping, eating and playing





**INFORMATION BOOKLET FOR PARENT WHO HAS A CHILD WITH SPECIAL NEED**

**HOME STREET HOME**

**Support may be needed when the conditions for growth, development or learning have weakened."**

**HOW YOU CAN SUPPORT YOUR CHILD WITH A SPECIAL NEEDS?**

- Understanding the child's needs
- Safety
- Basic needs
- Moral support
- Financial support
- Inspecial needs education

**Love and care!**



Oulu University of Applied Sciences

Degree Programme in Biomedical Laboratory Science

Authors: Iida Autio & Josefiina Heimovirta

Title of thesis: HemoCue hb 201+ and Afinion as100 point-of-care devices – Creating instructions for a HSH center

## ABSTRACT OF THE THESIS

"The purpose of the thesis was to create clear and high-quality instructions for two point-of-care devices called HemoCue Hb 201+ and Alere Afinion as 100. The instructions were created specifically to be used at the clinic of the organization's center. Point-of-care tests are utilized near the patient. Testing can be performed by health care professionals or patients and usually has a direct effect on the planning of a patient's treatment. Performing these tests with good quality requires qualification and instructions. Quality assurance is also necessary in order to ensure the reliability of test results. Quality assurance usually involves utilizing internal and external quality assessments as well as making sure that possible errors are recognized. With proper arrangements and training, point-of-care tests can be considered as reliable as tests performed at clinical laboratories. In our thesis we used national and international recommendations for point-of-care testing and quality management in the process of creating the instructions. In addition to this we had to take into account the requests and expectations of the commissioner. To create the instructions, we used our self-generated images and the Microsoft PowerPoint tool. We also gathered feedback from the employees of the clinic about the practicality and overall appearance of the instructions. Our functional thesis resulted in two instruction manuals that were found to be linguistically and visually clear based on the feedback survey. The finished instructions were delivered to the commissioner as PDF files."

**Alere Afinion as100**  
Quick Manual

Version 1.0  
Oct/2023

Note: Always check the expiration date before using a kit.

1. Take a test kit and let it warm up in room temperature for 15 minutes before analysis (do not open the foil package)

2. Remove test cartridge from the kit. Only touch the top part of test cartridge. Use disposable gloves.

3. Prepare a capillary blood sample. Warm up patient's hand. Choose a middle/ring finger. Choose a dispersive fingertip with an alcohol wipe. Hold hand and make a puncture with a lancet gently for a droplet of blood. Dispense the blood into the test cartridge.

4. Remove a sampling capillary from the cartridge. Fill the capillary with blood. Make sure the capillary is full with no air bubbles.

5. Place the test capillary back into the cartridge. Then place the cartridge into the Afinion analyzer and close the lid.

6. Test result will appear on the touch screen in about 4 minutes. Result <5mg/l indicates CRP level is not high.

7. Dispose all parts of a used cartridges. Keep the analyzer lid closed when not used.

**Important to notice:**

- \*Analyze Afinion CRP control samples regularly.
- \*Do not use broken/old/used test kits.
- \*Keep test cartridges in even temperature. If stored in room temperature (12- 25°C) kits remain usable for 4 weeks.
- \*Always consider patient's clinical condition. If a test result seems suspicious, consider testing again. Analyse a control sample first to make sure the analyser is working correctly.

\*You can also use EDTA whole blood sample.

4. Gently apply pressure on the fingertip until drop of blood is large enough. Fill the microcuvette completely at one time. The microcuvette must not be refilled. Use lint-free wipe to wipe off excess blood from the outside of the microcuvette.

### HemoCue Hb 201+ Quick manual

Version 1 / 2.10.2023

1. Equipments

- 1. Alcohol swab
- 2. Lint-free wipe
- 3. Lancet (selected according to the age of the patient)
- 4. Adhesive plaster
- 5. HemoCue microcuvette (must be used within three minutes after removal from the package. Always keep a vial tightly closed)

+ Disposable gloves & hand disinfectant

2. Press and hold the left button to start the analyser. Analyser performs self-test automatically.

3. Open the cuvette holder. When three flashing dashes and the HemoCue symbol appears, analyser is ready to use.

4. Make sure the patient's hand is warm. Take the sample from side of the fingertip. Use middle or ring finger.

Clean the fingertip with alcohol swab and let dry. Gently squeeze the finger using the thumb so that a little pressure is applied to the end of the finger.

Use the lancet to puncture finger. Wipe off first three drops of blood.



# **PROJECTS AND PROGRAMS OF 2023**

## **PART 5: OTHER PROJECTS AND PROGRAMS**

# **HSH HAKI KIT**

HSH Haki Kit program aims to support the rights of children or youths in a case of any form of violence. This might be sexual abuse, physical or mental abuse, violence, or any other form of child abuse. Our role is to facilitate in the reporting process and guide the victim or family to the right services.

During 2023, we supported total of 4 cases of sexual abuses, early pregnancies, and cases of domestic violence.

**94 SUPPORTED HSH HAKI KIT  
CASES SINCE 2016**





## HSH FOOTBALL TOURNAMENT

Every year, we have organized a special event during Christmas time. The aim has been to do good and reach out to people who are not actively involved in Home Street Home's projects. In previous years, we have distributed food and hygiene items. This year we decided to organize a new kind of event and support local youth sports.

Many young people in the village play or follow football. They are fans of world-class football stars and follow the games feverishly. They watch world games on TV in the village theatre and cheer on their home teams on the village pitch. On the football pitch, young people are on an equal footing. People from different ethnic groups are included and playing does not require wealth. Everyone can play.

In early December, we organized a two-day HSH Football Tournament for under-18s. During the tournament, 4 boys' teams and 4 girls' teams from the surrounding villages competed against each other for the championship.

In addition to the 200 players, a large number of villagers came to watch the tournament. We organized official referees, a first aid post, a kiosk, lunch, and drinking water for the players.

The idea of the tournament was to bring young people together and promote a sense of community. We want to play our part in encouraging young people to lead healthy lifestyles. Village football clubs have a very strict no-drinking rule. Football therefore has a positive impact on the substance abuse problems in the area. In addition, girls' football also has a significant gender equality impact.

This time, the tournament was won by the Waizata boys and the Makongeni girls. All participating teams received a first aid kit as a prize. The finalists also received uniforms and captain's ribbons. The winning teams also received trophies and balls.

The tournament was a warm-hearted affair. Football unites the village community and brings the whole village together. This is reflected in the public participation and the fact that when a goal is scored, the crowd runs onto the pitch to cheer. Throughout the tournament, football fans of all ages could be found on the sidelines of the pitch, watching the games with excitement.





# **FUNDRAISING AND FINANCE OF 2023**

# FUNDRAISING METHODS OF THE YEAR 2023

## MEMBER- AND SPONSORSHIP PROGRAMS

Home Street Home member- and sponsorship programs are way to look for long-term supporters. Member-supporters are supporting monthly or annually organization's work. Sponsorship supporters are supporting monthly one child, family, or project. Supporters can be individuals, companies, or groups. During the year of 2023 the number of member- and sponsorship supporters dropped compared to previous years.

## DONATIONS AND GRANTS

During the year of 2023, Home Street Home received slightly less donations compared to the previous year. The donations were received from individuals and some from companies. This year we did not receive any grants.

## PRODUCT SELLING

Product selling is simple fundraising method. During the year of 2023, we sold handmade bags, wallets, dolls, toys, hair scrunchies, baskets, wrap-around dresses, and trays. Some of the products were sold in events and some online.

## COLLABORATIONS WITH COMPANIES, ORGANIZATIONS, OR GROUPS

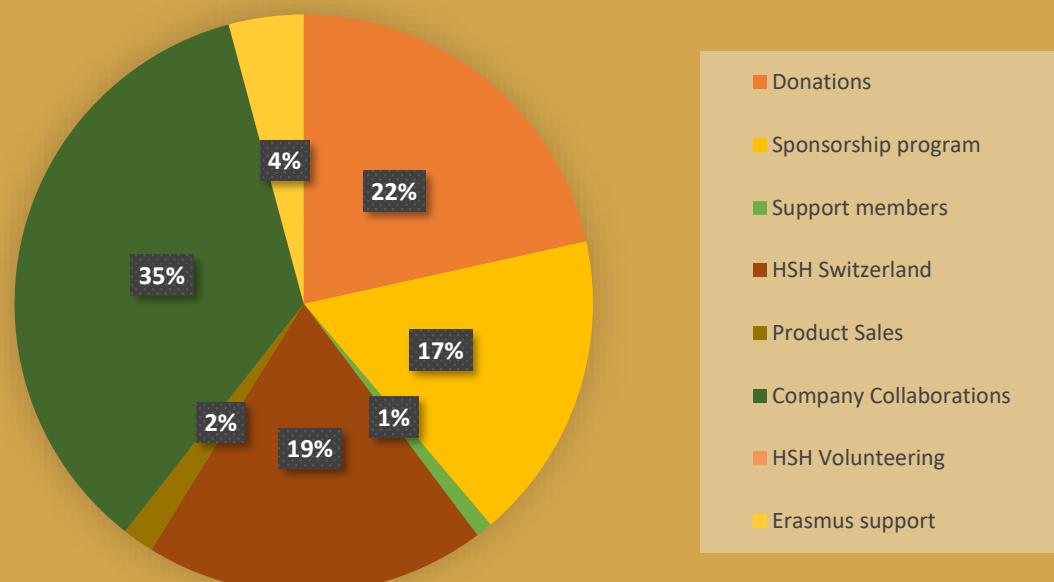
Good collaboration can bring positive effect for both parties. In 2023, we continued our Kalevala Training Center collaboration with Kalevala Koru. We also continued our HSH Health Clinic collaboration with Medipulssi.

## RESULTS OF THE FUNDRAISING

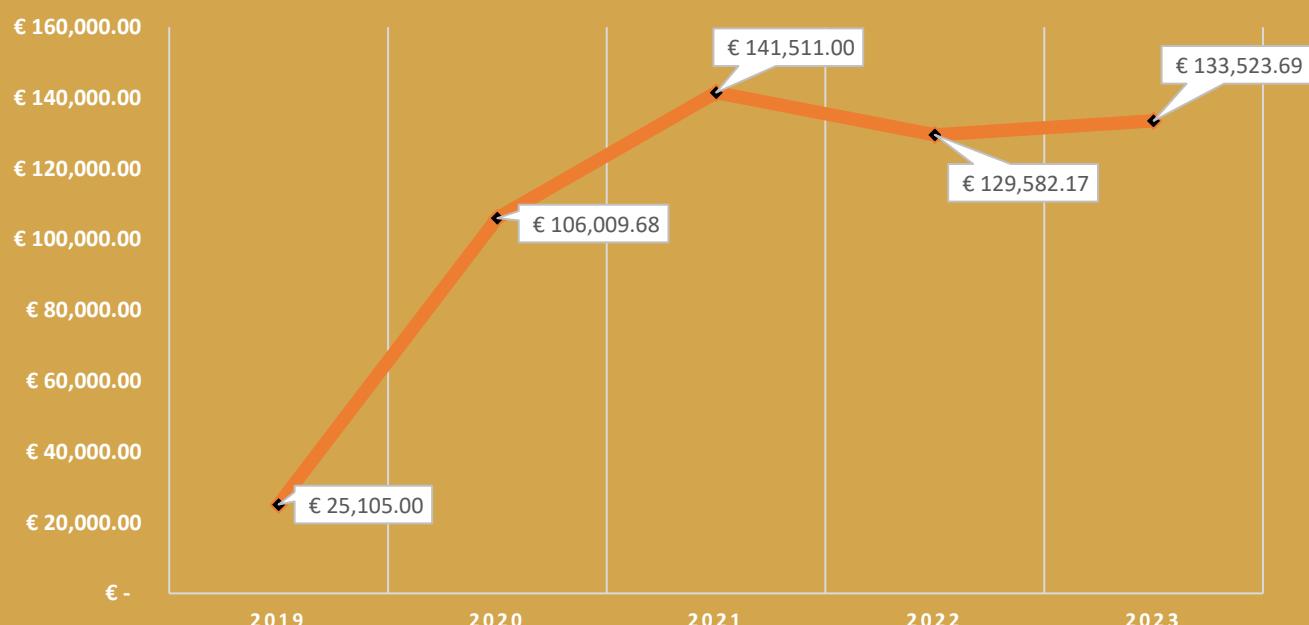
| TYPE OF INCOME              | AMOUNT IN EURO    |
|-----------------------------|-------------------|
| Donations                   | 23 783,12         |
| Collaborations              | 38 900,00         |
| Sponsorship programs        | 19 100,00         |
| Support members             | 1 020,00          |
| Product selling             | 4 620,00          |
| Erasmus support             | 4 620,00          |
| HSH Volunteering            | 23 069,23         |
| HSH Switzerland             | 21 080,00         |
| <b>TOTAL INCOME OF 2023</b> | <b>133 523,69</b> |

# HSH ANNUAL INCOME

## HSH ANNUAL INCOME 2023



## 5 YEAR'S INCOME 2019-2023



# EXPENDITURES OF THE 2023

All the expenditures were recorded while working. If there were no recipes available, we used payment vouchers and payments sheets. Vouchers were used mainly to record payments like food/medical support, bricks, sand, gravel, or stones, which were brought by lorry and paid for the driver. Vouchers were also used for payments, which were paid for individual person.

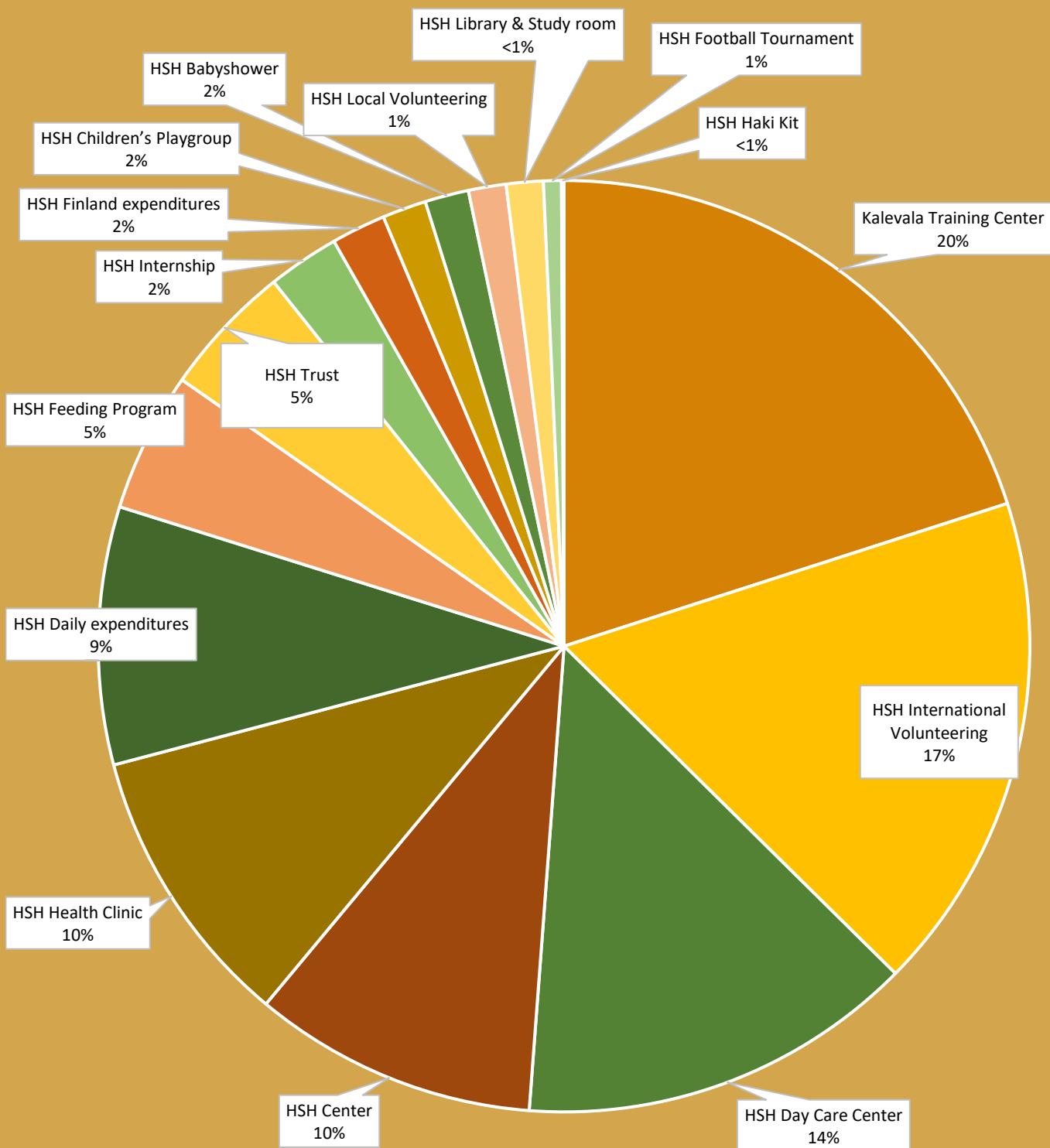
All the payment sheets and vouchers were signed by the people who received the payments and confirmed through HSH board members.

## EXPENDITURES PER PROJECT AND PROGRAM

| PROJECT                        | KES               | EUR               |
|--------------------------------|-------------------|-------------------|
| HSH Daily expenditures         | 1 251 469         | 9 626,68          |
| HSH Center                     | 1 379 522         | 10 611,71         |
| HSH Day Care Center            | 1 929 666         | 14 843,58         |
| Kalevala Training Center       | 2 804 000         | 21 569,23         |
| HSH Trust                      | 643 590           | 4 950,69          |
| HSH Local Volunteering         | 182 813           | 1 406,25          |
| HSH Health Clinic              | 1 376 828         | 10 590,98         |
| HSH Children's Playgroup       | 213 400           | 1 641,54          |
| HSH Library & Study room       | 179 220           | 1 378,62          |
| HSH Haki Kit                   | 12 100            | 93,08             |
| HSH Feeding Program            | 678 705           | 5 220,81          |
| HSH Babyshower                 | 212 510           | 1 634,69          |
| HSH International Volunteering | 2 429 000         | 18 684,62         |
| HSH Internship                 | 348 000           | 2 676,92          |
| HSH Football Tournament        | 86 860            | 668,15            |
| HSH Finland expenditures*      | 263 523           | 2 027,10          |
| <b>TOTAL OF 2023</b>           | <b>13 991 206</b> | <b>107 624,66</b> |

\*Including: bank fees, website expenses, registration fees, Canva membership fee and two office devices

# HSH ANNUAL EXPENDITURES 2023



**TOTAL NUMBER OF PEOPLE  
WHO BENEFITTED IN 2023**

**9 688**

**GRAND TOTAL  
28 339**  
**(2016-2023)**



**FINALLY, WE WOULD LIKE TO SAY A MASSIVE  
THANK YOU FOR EVERYONE WHO  
SUPPORTED, PARTICIPATED, ENCOURAGED  
AND JOINED OUR WORK AND OUR TEAM.  
WITHOUT YOU, THERE WOULD BE NO US.  
LET'S MAKE OUR NEXT YEAR EVEN GREATER.**

**THANK YOU  
ASANTE SANA**

# HOME STREET HOME

**HOME STREET HOME**

**HSH CENTER**

**Makongeni village**

**Kinondo location**

**Kwale County, Kenya**

**+254 115854892**

**[www.homestreethome.fi](http://www.homestreethome.fi)**

**[homestreethome@outlook.com](mailto:homestreethome@outlook.com)**



**Home Street Home ry**



**@homestreethomery**